

Wrestling Canada Lutte
Senior Men's Freestyle National Team Coach
May 2005

General Description of Position:

The Senior Men's Freestyle National Team Coach shall be responsible for directing the Senior Men's National Team program, including the U23 Team, with the goal of optimizing the performance potential of Canada's senior men's freestyle wrestlers at the World Championships and Olympic Games. The National Team Coach will contribute to the leadership, design and implementation of Wrestling Canada's high performance plan and oversee specific events and activities as set out further under specific responsibilities.

Organizational Structure:

The National Team Coach is supervised on a daily basis by the National Program Director and is ultimately responsible to the CAWA Technical and Executive Committees.

The National Team Coach is an ex-officio member of the Technical Committee and will assist in the deliberations related to coach and athlete selection in accordance with the procedures of the organization.

Power of Decision Making:

The National Team Coach, in consultation with the National Program Director, has sufficient authority to take measures that are necessary in the daily delivery of the National Team program in accordance with approved budgets and policies. Beyond these limits, the National Team Coach would be expected to work with the National Program Director, relevant committees and stakeholders to obtain the necessary decisions related to delivery of the program.

Key Responsibilities:

1. National Team Program Design and Direction
2. International Competition & Training
3. National Team Training Camps / Sessions
4. Performance Enhancement Team Liaison
5. High Performance Athlete Development System
6. High Performance Coach Liaison and Assistance
7. Results Management and Reporting

Specific Responsibilities:

1.0 National Team Program Design and Direction

- 1.1 Oversee the design of the Senior Men's FS National Team program on an annual and quadrennial basis to achieve the targets set out by the organization.
- 1.2 With the National Program Director, develop the National Team competitive program for the upcoming season and discuss it at the High Performance Coaches meeting.
- 1.3 Establish the technical developments and trends for the development of national team athletes and communicate these to the athletes and their personal coaches in order to develop appropriate individualized programs.
- 1.4 Contribute to the design of the necessary athlete and coach selection procedures that support the National Team program.
- 1.5 Co-ordinate the program activities which affect the Senior Men's Freestyle National Team.
- 1.6 Oversee preparation for competition through contact with athletes and coaches on levels of preparation, weight control, technical readiness and any scouting information.

2.0 International Competition and Training

- 2.1 Travel with the National Team to all major international competitions and training camps ensuring continuity of coaching and monitoring of athlete performance.
- 2.2 Negotiate training opportunities with targeted national teams. Arrange for camps in Canada and abroad in keeping with reciprocal arrangements negotiated by Wrestling Canada Lutte and other arrangements negotiated by the National Team Coach.
- 2.3 Assign roles and responsibilities to Senior National Team coaches that are selected to the Senior National Team program and evaluate the effectiveness of the selected coaches.
- 2.4 Prepare or oversee the preparation of advance scouting reports on the top international performers in each weight class to be available for each major national team competition. Ensure video scouting support at the competition and assign duties within coaching staff to provide scouting reports and video summaries to each national team member on their next match opponent.

- 2.5 Contribute to the development of a training partners program for the Olympic Games and, potentially, World Championships and assist with the planning and negotiation of appropriate support services.
- 3.0 National Team Training Camps / Sessions
 - 3.1 Plan and oversee National Team training camps of greater frequency and duration within Canada for all National Team members.
 - 3.2 Plan and oversee National Team training camps outside of Canada at specific times of the season and involve at least one other country for sparring and coaching contributions.
 - 3.3 Organize training sessions of appropriate duration with National Team members and their personal coaches at the home club location of the National Team members where the number of national team members at that locale allows for technical and financial effectiveness. Arrange for additional national team members to attend these training sessions where feasible.
- 4.0 Performance Enhancement Team Liaison
 - 4.1 With the National Program Director, determine the composition of the Performance Enhancement Team (PET) that will serve our national team program and the services which they will be expected to provide.
 - 4.2 Work with the PET service providers to determine the frequency, timing and duration of their interaction with National Team members.
 - 4.3 Serve as the link between the PET and the national team athletes and their personal coaches to ensure that prescribed programs/activities are implemented and monitored with suitable reporting feedback.
 - 4.4 Determine needs in the area of applied sport science research for consideration by Sport Medicine and Science Committee and funding partners.
- 5.0 High Performance Athlete Development System
 - 5.1 Contribute to the design and implementation of a high performance athlete development system which includes:
 - a) a national athlete/participant model to guide the comprehensive, systemic development of athletes from beginners to World Championship / Olympic Games competitors (Coach to sit on LTADM (Elite) Work Group),
 - b) a coaching education clinic to ensure the coaches utilize the system,
 - c) a talent identification program to stream athletes appropriately, and
 - d) a systematic competitive structure to fully develop the athlete's competitive capabilities.

6.0 High Performance Coach Liaison and Assistance

- 6.1 Assist the Senior Men's Freestyle International Coaches (part-time) with their coaching development.
- 6.2 Provide assistance to the personal coaches with respect to the planning and coaching of national team members.
- 6.3 Communicate and consult with personal coaches regarding performance enhancement programs and activities for national team members training at their club.
- 6.4 Organize training sessions at the home club location of national team members in collaboration with their personal training centre, CIS or club coaches. Determine the number of invited participants from other clubs for such training sessions.

7.0 Results Management and Reporting

- 7.1 Provide the National Program Director with all results packages from events in which the Senior Men's National Team competes when the NPD is not present.
- 7.2 Provide a designated contact at Wrestling Canada Lutte with competition results on a session by session basis each day to ensure that these results are disseminated to media and other stakeholders.
- 7.3 Analyze results of the national team and provide an overview of match performances on an event by event basis and an annual athlete summary.

Performance Appraisal

Immediately after the World Championships and Olympic Games an evaluation of the National Team Coach will be carried out by the National Team members which participated in the event and be used as part of the annual performance appraisal.

While the position is for a four-year period through the Beijing 2008 Olympic Games, an annual performance appraisal will be carried out. The Vice President, Technical shall be responsible for communicating the appraisal results to the National Coach directly or via the National Program Director and for identifying appropriate areas of development and training.