

SECTION 16.1

**NATIONAL COACHING EDUCATION
AND CERTIFICATION PROGRAMS**

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SECTION I: NATIONAL COACHING CERTIFICATION/EDUCATION COMMITTEE

ARTICLE 1 INTRODUCTION

Policies for the National Coaching Certification Program are established by CAWA's Coaching Certification/Education Committee, in conjunction with CAWA's Technical Committee.

The Certification/Education Committee oversees the certification and education of wrestling coaches in Canada. In this capacity, the committee is responsible for the programs offered by the Coaching Association of Canada. They are responsible for writing and publishing the Level I, II, and III technical manuals and videotapes (these resource materials are evaluated and revised on a continual basis). The Certification Committee also establishes the policy, curriculum and evaluation standards associated with the Level 4/5 program. Finally, the Committee establishes additional educational programs and materials for the entry level coach through to Canada's international coaches.

ARTICLE 2 MEMBERSHIP

- 2.1 Consists of 4-6 individuals.
- 2.2 The Committee should have representation from high school, university and national junior and senior programs.
- 2.3 The members on the committee should be actively coaching.
- 2.4 Each member must be a fully certified Level 3 coach.
- 2.5 Applications for membership are requested on a two year basis in conjunction with the CAWA call for nominations.

ARTICLE 3 OPERATING PROCEDURES

The Committee meets a minimum of once per year to design, evaluate and update the program. Other meetings are held as required.

ARTICLE 4: ROLES AND RESPONSIBILITIES

- 3.1 Evaluate and update the NCCP Level 1-5 programs.
- 3.2 Select candidates and supervise the operation of the Apprenticeship program.
- 3.3 Direct and supervise CAWA's CAC projects.
- 3.4 Recommends selection of master course coordinator to the CAWA Technical Committee. There should be a minimum of one master course conductor per province/territory or region.
- 3.5 Conduct course conductor training courses in regions that do not have access to a master course conductor.
- 3.6 Develop additional educational resource material and programs for coaches.

SECTION II: NCCP LEVEL 1-3 PROGRAM

ARTICLE 1 INTRODUCTION

The role of the National Coaching Certification Program (NCCP) is to provide the amateur wrestling coach with a five-level sequential program of knowledge related to the sport of amateur wrestling. The skills and concepts become more complex as one progresses through the five levels of certification.

ARTICLE 2 TECHNICAL

- 2.1 Level 1 is designed for the beginning coach, the assistant coach or the athlete making the transition from competitor to coach. The program provides a good framework of wrestling terms, concepts and techniques which the beginning coach can build upon in subsequent levels. Elementary and junior high school coaches and educators are the target group this level is focussed toward. The duration of the Level 1 Technical course is 12-14 hours.
- 2.2 Level 2 focuses on methods to improve the wrestler's physical, mental and technical preparation for competition. High school coaches are the targeted group at this level. The duration of the Level 2 Technical course is 14-16 hours.
- 2.3 Level 3 teaches the coach more advanced wrestling techniques. The wrestling coach also learns how to integrate the physical, mental and technical components of wrestling into the yearly plan. The duration of the Level 3 Technical course is 22-24 hours.

In order to obtain technical certification, if technical courses are incorporated into a school curriculum, an accredited course conductor must teach the course and the complete course content must be taught. The school may teach additional content to that in the NCCP curriculum.

NOTE: CAWA does not grant equivalencies for Level I, II, or III Technical courses.

ARTICLE 3 PRACTICAL

The Practical component of the NCCP program provides coaches with feedback on their ability to apply coaching knowledge through self, peer or examiner evaluations. The following is a description of the prerequisites for practical certification:

- 3.1 The pre-requisites to attend a level 1 course are: i) above 16 years of age and ii) be enthusiastic about coaching.
- 3.2 At level 2, coaches must demonstrate to the instructor their ability to teach certain techniques. The pre-requisite for the course is technical certification at Level 1 and 2 full years of coaching experience.

- 3.3 At Level 3, coaches must: i) show their technical knowledge by demonstrating a sequence of techniques; and ii) submit a video analysis of match scouting. The pre-requisites for this course are 5 full years of coaching and full certification at Level 2.

ARTICLE 4 THEORY

In the Theoretical component of the NCCP, coaches learn essential principles of coaching: planning, sport safety, skill analysis and development, mental preparation and leadership. The Theory component is under the guidance of the Coaching Association of Canada and the Provincial/Territorial Government Departments for sport.

A coach must complete all three aspects (Technical, Practical, Theory) of each level to become fully certified.

ARTICLE 5 JURISDICTION

- 5.1 CAWA, through the CAWA Certification/Education Committee in conjunction with the CAC, is responsible for the development of the technical and **practical** courses in the program. The reproduction and distribution of technical materials are the responsibility of CAWA.
- 5.2 The Certification/Education Committee is responsible for the design, evaluation, printing and revision of levels one to three and establishing guidelines for the development of levels 4 and 5.
- 5.3 Provincial/Territorial sport governing bodies are responsible for organizing, implementing and administering technical and practical levels one to three. These courses will be administered under the guidelines established by the CAWA, who will work directly with the provincial/territorial sport governing bodies on the implementation and completion of technical and practical requirements.
- 5.4 The development and implementation costs for the program shall be shared as follows:

	Development Costs	Implementation Costs
Level 1-3 Theory (Development, Evaluation and Revision)	Sport Canada, CAC	Provincial/Territorial Governments
Level 1-3 Technical and Practical	CAWA, CAC, Sport Canada	Provincial/Territorial Sport Governing Bodies, CAWA
Level 4-5 (Combined Theory, Technical, Practical)	CAWA, CAC, Sport Canada	CAWA, CAC, Sport Canada

ARTICLE 6 MINIMUM CERTIFICATION STANDARDS

- 6.1 Certification at any level of this program is based upon the successful completion of the NCCP's approved Theory, Technical and Practical requirements of the level.
- 6.2 The officially recognized national award for certification will be a booklet termed the NCCP "passport". The passport will be first issued to the coach on successful completion of Theory, Technical and Practical at Level 1. Subsequent certification at each level will be indicated on a national passport insert which will be forwarded to the coach. The coach's passport insert will also serve as the ongoing record of progress through each course and will be updated on completion of each course and forwarded to the coach.
- 6.3 The minimum age for participation in the NCCP program courses is 16 years of age.
- 6.4 Coaches must re-certify their last level after a lapse of eight years unless they can provide sufficient proof that they have attended or conducted clinics recognized by the CECC.

ARTICLE 7 MINIMUM THEORY CERTIFICATION STANDARDS

The provincial/territorial government coaching coordinators will co-ordinate all Theory courses. Minimum standards are developed by the CAC in conjunction with their partners in the NCCP program. Standards will vary in provincial/territorial regions.

ARTICLE 8 THEORY TAKE-HOME

Theory take-homes will be available only in extenuating circumstances, as defined by each province/territory (e.g. extreme distance, no courses available, elite coach). The theory take-homes are to be administered by the Provincial/Territorial Coaching Coordinators.

ARTICLE 9 THEORY EQUIVALENCIES

Individuals may be granted equivalencies where applicable. The application for equivalencies for Levels 1-3 Theory shall be made by the coach to the provincial/territorial coaching coordinator via the application procedure. Equivalency is regarded as recognition that coaches have already completed work comparable to that of the existing level(s).

Level 1: Physical education/recreation or "related degrees" graduates will be granted equivalency for Level 1 Theory upon submission of proof of their degree and successful completion of the Theory 2 course.

Level 2: Graduates of a Masters and/or PhD degree (s) (or foreign equivalent) in a sport related field may be granted equivalency for Level 2 Theory upon submission of proof of their degree and their active coaching status as verified by their PSGB/NSGB.

Level 3: Elite coaches who are graduates of a Masters and/or PhD degree (s) (or foreign equivalent) in a sport related field may take a challenge exam of Level 3 Theory. If successful, the applicant will receive credit for Levels 1, 2, and 3 Theory. If unsuccessful, the Level 3 Theory course must be taken. The challenge exam may be taken only once. The coach applies through the NSGB to set the challenge exam. If endorsed, the applicant is forwarded to CAC. The exam is set at a time convenient to CAC.

ARTICLE 10 TECHNICAL/PRACTICAL COURSE CONDUCTORS

- 10.1 Course conductors for levels one through three will be selected by the provincial/territorial wrestling body in conjunction with the provincial/territorial master course coordinator. They must attend a conductor training course taught by a master course conductor. The province is responsible for providing these courses on an annual basis or when necessary.
- 10.2 Technical course conductors, Levels 1 and 2, must be fully certified (i.e. Theory, Technical and Practical) to the level above that which is being taught. Level 3 course conductors must be fully certified at Level 3. Course conductors who do not meet this requirement will not be added to the National Coaching Database nor will the names of the coaches they instruct.
- 10.3 Both master course conductors and course conductors must re-certify the year following any course revision or after a lapse of five years from conducting a course. The CAC will issue, on an annual basis, a course conductor card via CAWA and provincial/territorial governments to those course conductors who possess the necessary accreditation.
- 10.4 Honoraria for course conductors one through three will be determined by the respective provincial/territorial wrestling body based upon guidelines as follows:

Level one - \$15-20 per hour

Level two - \$15-25 per hour

Level three - \$20-30 per hour

ARTICLE 11 ROLES AND RESPONSIBILITIES

There are five main groups of individuals involved in the operation of this program:

- 11.1 CAWA Certification/Education Committee: this is a group of four to six individuals who are responsible for designing, evaluating and revising the program on a continual basis.

- 11.2 Provincial Master Course Coordinators: each province will be expected to appoint someone to coordinate the program in their region (except for the Atlantic and Territories where one for each region will be identified) with the CAWA. This individual will be responsible for the administration of the appropriate paper flow and generic planning of courses offered within their specific region.
- 11.3 Provincial Master Course Conductors: Master course conductors will be appointed by the CECC Committee. These individuals are responsible for training course conductors across Canada. These individuals can also act as the Master Course Coordinator within their specific region.
- 11.4 Course Conductors: These instructors will be expected to teach and promote the program in their regions.
- 11.5 Participating Coaches: These coaches will attend the clinics and pass on the information to their athletes. They should be involved in all aspects of certification (theory, technical, and practical).

ARTICLE 12 PROVINCIAL MASTER COURSE COORDINATOR

- 12.1 **ROLE**: The Provincial Coordinator organizes, administers and coordinates a province's implementation of the CAWA certification program. They are well-qualified instructors who ensure that there are appropriate course conductors in each region.
- 12.2 **RESPONSIBILITIES**
- 12.2.1 Work with the CAWA Technical Director to stay up-to-date with developments in certification programs, provide information and required reports regarding the province's implementation of certification and give input into the development of the administration of the certification program.
- 12.2.2 Liaise with the province's Board of Directors regarding certification in that province, keeping them aware of objectives, requirements and developments.
- 12.2.3 Liaise with the provincial government certification coordinator regarding available funds for certification courses, publicity and developments in theory courses in that province and accessibility of all necessary data entry forms.
- 12.2.4 Establishes course dates, venues and assignment of master and regular course conductors, to determine needs for training or increased numbers of course conductors, to evaluate the province's implementation of certification, to keep master and regular course conductors informed of Board and provincial government activities in certification.

- 12.2.5 Liaise with master and regular course conductors regarding Board and provincial courses within their section.
- 12.2.6 Provide the publicity and administration necessary to present courses within their section.
- 12.2.7 Make available and be responsible for the distribution of the manuals, wall charts, rule books, CAWA forms, etc., to each master and regular course conductor prior to each course.
- 12.2.8 Shall answer for the province concerning provincial coaching certification needs (e.g. manuals, forms, brochures).
- 12.2.9 Responsible for maintaining a composite attendance record for all levels of the certification program.

ARTICLE 13 MASTER and REGULAR COURSE CONDUCTORS

- 13.1 **ROLE** Master course conductors are expected to teach and promote the program in their regions to next level of course conductors.

Course conductors will be expected to teach and promote the program in their regions.

- 13.2 **RESPONSIBILITIES**

- Master**

- 13.2.1 Involved in the evaluation of the certification program.
 - 13.2.2 Evaluate and recommend new instructors where necessary.
 - 13.2.3 Schedule regular conductor re-certification clinics.
 - 13.2.4 Attend upgrading clinics where possible and keep informed at the provincial and national levels.
 - 13.2.5 Promote the program in all areas (technical, theory, practical).
 - 13.2.6 Ensure that all necessary forms have been completed and forwarded to the CAWA Technical Director upon completion of a course.
 - 13.2.7 Forward appropriate evaluation sheets to the CAWA Technical Director.

Regular

- 13.2.8 With the exception of Level 3, course conductors must obtain certification above the level they teach (i.e. level 2 must have Level 3).
- 13.2.9 Offer a course in their region annually or when necessary.
- 13.2.10 Promote the program in all areas (technical, theory, practical).
- 13.2.11 Attend courses offered by provincial master course conductor to qualify and re-certify when changes are made in the program.
- 13.2.12 Prepare and present a professional course conductor course.
- 13.2.13 Attend upgrading clinics where possible and keep informed at the provincial and national levels.
- 13.2.14 Offer course conductor training courses where required in their region.
- 13.2.15 Ensure that all necessary forms have been completed and forwarded to the CAWA Technical Director upon completion of a course.
- 13.2.16 Forward appropriate evaluation sheets to the CAWA Technical Director.

SECTION III: NCCP LEVEL 4/5 PROGRAM

ARTICLE 1 INTRODUCTION

The Level 4 Certification program is designed to start a detailed professional development program for wrestling coaches. Coaches, in consultation with the national office, will select and complete 12 advanced coaching tasks from the list of 20. Upon completion of this program, the certified Level 4 coach will have developed the skills necessary to produce international calibre athletes. Ideally, the coach who completes the level 4 program will then progress onto the Level 5 program.

The Level 5 program is focussed on national team coaches. These coaches will complete the remaining 8 tasks from the Level 4 program. Level 5 coaches will be expected to assume leadership positions with the national team at international competitions.

A complete listing of the Level 4 & 5 Tasks is located under a separate CAWA document, "*CAWA NCCP Level 4 & 5 Program*", which is available from the CAWA office.

ARTICLE 2 AIMS

- C To promote greater coaching skills through an advanced educational and practical training program.
- C To encourage the interaction between Level 4 and 5 coaches and sport science professionals.
- C To create an environment where the coach will gain the knowledge and experience required to develop world-class athletes.
- C To develop coaches to assume leadership roles at international competitions.

ARTICLE 3 CORE ASSUMPTIONS

- C Coaches will be asked to complete the program in a four year period.
- C The coach will develop his/her own program by selecting 12 of the 20 tasks. The CAWA should be consulted to assist in the design of the program.
- C Careful selection of tasks will ensure the acquisition of new skills.
- C Each task must meet the evaluation standards identified by the CAWA and the CAC.
- C The focus of each task will be toward the skills required to develop high performance athletes.

ARTICLE 4 GOALS

- C To create a learning environment which will help the coach in the organization of his/her own personally designed program. This program will assist the coaches in nurturing talented wrestlers to an internationally competitive status.
- C To maintain a continual learning resource for high performance coaches.

ARTICLE 5 ADMISSION REQUIREMENTS

- C Full Level 3 Certification
- C Application with resume to the CECC
- C A signed contract highlighting the tasks to be accomplished and the time line associated with the completion of these tasks.
- C Preference will be given to coaches that are actively coaching high performance level athletes. If space on the program is available, additional coaching applicants will be considered.

ARTICLE 6 PROGRAM COMPONENTS

The CAWA NCCP Level 4/5 program has been adapted from the generic model produced by the Coaching Association of Canada. The twenty tasks have been divided into four sections:

- 1) planning the development of the athlete
- 2) physiological development of the athlete
- 3) psychological development of the athlete
- 4) technical development of the athlete

The coach must complete at least one task from each of these sections. Tasks may be completed through the following options:

- C National Coaching Seminar courses
- C National Coaching Institutes and graduate university equivalent courses.
- C Seminar series (i.e. Olympic Solidarity)
- C Approved Provincial/Territorial coaching seminars
- C Apprenticeship Program
- C CAC special education programs
- C CAWA coaching seminar courses

In a situation where a coach is accomplishing a task outside of the CAWA program, documentation must be forwarded to the CECC indicating completion of the course work/assignments.

The evaluation methods utilized (i.e. written reports, training diaries, case studies, videotaped practices, etc.) should be forwarded to the CAWA Technical Director. This documentation will then be submitted to the CECC for the evaluation of that task. The individuals responsible for the evaluation will provide feedback to the coach on each of the projects. If a task is incomplete, the evaluators will identify what is lacking and will provide the coach with the direction necessary to complete the task.

ARTICLE 7 EQUIVALENCY

Coaches can apply for equivalency for certain tasks previously accomplished. This application must contain supporting documentation of task criteria. Evaluation of the application for equivalency will be conducted by the CAWA Certification Committee. The coach may apply for a maximum of ten (10) equivalencies.

SECTION IV: NATIONAL COACHING APPRENTICESHIP PROGRAM

ARTICLE 1 INTRODUCTION

The National Coaching Apprenticeship Program (CAC funded) provides grants to Canadian coaches to study advanced coaching theory and practice under the tutelage of a Master Coach. The aim of the program is to develop more national and international class coaches for Canada who will be able to prepare Canadian athletes for international competition. The Apprentice Coach will be expected to complete a minimum of eight tasks outlined in the Level 4 and 5 certification program.

ARTICLE 2 PROGRAM ELEMENTS

Each year a limited number of grants are awarded to selected Apprentice Coaches to enable them to study advanced coaching under Master Coaches in their respective sports by the CAC.

Apprenticeships are awarded for a minimum duration of three (3) months (ie. one fiscal quarter) and a maximum duration of one (1) year. For administrative reasons linked with financial support, apprenticeships may start on any one of the following dates, according to the needs of the program: April 1, July 1, October 1 or January 1.

A coaching apprenticeship includes three areas of concentration: coaching practice - practical experience in the coaching of high calibre athletes under the tutelage of the Master Coach; coaching theory - the study of the theory of training and competition, under the guidance of the Master Coach; and sport science - the study of physiology, psychology, bio-mechanics and related sport sciences in a variety of settings..

The Apprentice Coach is expected to complete a learning program which is individually tailored to meet his or her needs, The Master Coach directs the learning program, tutors the apprentice on all aspects of coaching and provides feedback to the apprentice on his or her coaching techniques. Quarterly reports are submitted by the Apprentice and Master Coach that reflect the progress being made toward the learning objectives.

The Apprentice and the Master Coach must be based in the same vicinity and the Apprentice's program must include frequent and direct interaction with the Master Coach or the Apprentice must be involved over an entire season with the national team program under the guidance of the national head coach. (The purpose of this prerequisite is to ensure that adequate interaction takes place between the Apprentice and Master Coach during the program.)

Graduates of the apprenticeship program are expected to continue with a career in coaching at the high performance level. Apprenticeship candidates must be assured of full-time employment at a minimum annual salary of \$25,000 after the period of the apprenticeship.

ARTICLE 3 FINANCIAL SUPPORT

For apprenticeships, the financial support for both the Apprentice and Master Coach will be determined by the CAC on a yearly basis based upon the number of applicants.

ARTICLE 4 THE MASTER COACH AND APPRENTICE COACH

Master Coaches are selected from the best international level coaches with a history of success in high performance sport and an ability to educate coaches. The Master Coach must be a fully certified Level 4 coach or a national team coach.

Apprentice Coaches should have a minimum of three years coaching experience, including the preparation of athletes for national level competition or higher. A proven coaching record and a commitment to a career in coaching are given prime consideration in the selection of apprentice applicants. A background of university study in the sport sciences is preferred but not obligatory.

Apprentice applicants must be fully certified at Level 3 and be an acceptable Level 4 candidate in wrestling. They should be up-to-date on current coaching trends or developments; have good verbal and written communication skills; be reasonably skilled in such areas as techniques, training, motivation, strategies, etc. and should show capability and commitment to coaching at the international level after completing the apprenticeship program.

Coaches eligible for consideration as Apprentice Coaches must be Canadian citizens or landed immigrants presently residing full-time in Canada. There is no such restriction on Master Coach applicants.

ARTICLE 5 EVALUATION

On a quarterly basis the Apprentice and Master Coach will submit a progress report. The Apprentice's report should cover the technical topics outlined in the apprenticeship learning program. The Master Coach's report should evaluate the progress the Apprentice is making and provide feedback to the Apprentice on his/her coaching techniques.

During the period of the apprenticeship, the Apprentice Coach shall be subject to regular evaluations based upon the quarterly reports submitted both by the Apprentice and Master Coach and other observations which the CECC Committee may wish to undertake. The evaluations shall be carried out by the CAC in conjunction with CAWA. If any one of these evaluations indicates a serious potential failure, a meeting of the CECC Committee for this Apprentice Coach will be called to discuss termination.

ARTICLE 6 APPLICATION PROCEDURES

Interested individuals should submit an application (resume, budget, program plan) to the CAWA within the time frame identified by an annual call for applicants. Candidates will be

chosen by the CAWA Certification Committee, after which the learning program will be revised to fit the individual needs of the apprentice applicant. The program will then be submitted to the CAC for final approval. (Note: The CAWA may not receive an apprentice coach grant on an annual basis)

ARTICLE 7 APPRENTICE COACH - RESPONSIBILITIES

- 7.1 Assist with the design of the apprenticeship learning program.
- 7.2 Coach under the direction of the Master Coach.
- 7.3 Complete sport science tutorials/course work and Level 4 tasks outlined in the learning program. Participate in the National Coaches' Seminar.
- 7.4 Discuss with the Master Coach aspects of coaching theory as it relates to daily training and preparation for competition.
- 7.5 Complete one or two oral examinations/interviews. The first will be scheduled in the first half of the apprenticeship and will deal with aspects of coaching theory related to wrestling:
 - i) planning a one year training program;
 - ii) training methods to develop the energy systems, strength and flexibility;
 - iii) psychological strategies to prepare for competition;
 - iv) motivation of athletes;
 - v) teaching methods to develop techniques.

The second examination towards the end of the apprenticeship will cover any learning objectives to be evaluated orally and review any weak areas.

- 7.6 Complete a series of objectives as identified in the learning program. Each objective must be evaluated, either by a written report or by an oral presentation, at one of the examinations.
- 7.7 Present videotape of technique, taken by the apprentice, which demonstrates the apprentice's ability to analyse technique using audio visual aids.
- 7.8 Report to the CAWA and CAC each quarter (3 month period) of the scheduled length on the program. These reports should be technical in nature, illustrating the apprentice's knowledge related to the learning objective(s) due in that quarter. If no learning objective is scheduled to be completed in the quarter, the apprentice's report should be a brief overview of activities.

Note: The identified apprenticeship responsibilities will vary depending on the length of the program and coaching tasks being completed.

ARTICLE 8 MASTER COACH - RESPONSIBILITIES

- 8.1. Assist with the design of the apprenticeship learning program.
- 8.2 Supervise the Apprentice Coach's daily coaching activities.
- 8.3 Liaise with appropriate sport scientists regarding the Apprentice Coach's sport science tutorials or course work.
- 8.4 Teach aspects of coaching theory as it relates to daily training preparation for competition.
- 8.5 Provide input to the Apprentice Coach on each of the objectives identified in the learning program. Provide the Apprentice Coach with related research literature.
- 8.6 Evaluate each of the Apprentice Coach's reports, discuss them with the apprentice and forward them to the CAWA national office and the CAC.
- 8.7 Observe the apprentice's coaching behaviour and provide feedback. On two occasions, once in the first quarter and once near the end of the program, a behaviour observation checklist and a videotape of the apprentice conducting a training session should be completed and discussed in detail with the Apprentice Coach.
- 8.8 Report to the CAC and CAWA each quarter (3 month period) of the scheduled length of the program. These reports should outline the major activities that are completed in the previous quarter and an evaluation of the Apprentice Coach's work.

Note: The identified master coach responsibilities will vary depending on the length of the program and coaching tasks being completed by the apprentice.

ARTICLE 9 DESIGNING THE APPRENTICE LEARNING PROGRAM

The Master and Apprentice Coaches, in consultation with the CAWA Technical Director, should complete the following steps:

- 9.1 Review the Level 4/5 certification task list of CAWA. A minimum of eight (8) Level 4/5 tasks must be completed during a full apprenticeship. A minimum of two (2) Level 4/5 tasks must be completed per quarter during a partial apprenticeship.
- 9.2 Identify the specific needs of the Apprentice Coach by evaluating his/her relative strengths and weaknesses.
- 9.3 Practical Coaching/Coaching Theory:
 - C Determine the practical coaching evaluation methods to be utilized.
 - C Decide on the coaching responsibilities the apprentice will assume.

- C Determine the appropriate competitions and training camps the apprentice will attend.
- C Depending on the strengths of the Master Coach, identify the areas of coaching theory the Master Coach will teach.
- C Identify other Master Coaches and schedule visitations for the apprentice to observe another program; determine areas of coaching theory and practice to be covered on such visitations.

9.4 Sport Science

- C Decide on the most important sport science requirements.
- C Determine what courses are available in this field or set up a tutorial with a leading sport scientist. (This would require a letter of agreement outlining the topics to be covered, tutorial schedule, evaluation methods and honorarium to be provided to the tutor.)

9.5 Learning Objectives

- C Determine 8-10 specific learning objectives related to the task listing and depending on the identified needs of the apprentice.
- C Outline in detail the major need-to-know areas for each objective.
- C Specify how each objective will be evaluated. (It is suggested that one objective per quarter be submitted as a written technical report and that the other objectives be evaluated at the oral examinations.)
- C Establish dates for the completion of each learning objective.

9.6 Schedule - outline in calendar format the following:

- C Commencement and completion dates of the apprenticeship
- C Major competitions and training camps
- C Visitations to other Master Coaches
- C Commencement and completion dates of sport science and certification courses, NCS