

**SECTION 12.2**

**SENIOR WOMEN NATIONAL TEAM PROGRAM  
2009 – 2010**

## **INTRODUCTION**

It is very important that athletes and their coaches understand that CAWA is under no obligation to send complete teams to Olympic Games, World Championships or other international events. Winning the Olympic or World Trials does not give an athlete the automatic right to represent Canada.

The athlete must earn that right through a commitment to the training and competitive programs leading up to each event and demonstrated ability to be competitive at the international level as determined by the Senior Women's Head Coach and the High Performance Manager (HPM). Training camps and scheduled competitions are a necessary part of the preparation program and are, therefore, mandatory. Non-compliance with the specified program will result in removal from the Olympic and National Teams.

## **2009 WORLD CUP TEAM**

Invitation to the World Cup is based on team standings at the 2008 World Championships. If invited to attend, the Senior Women's Head Coach will select the 2009 World Cup Team members.

The 2009 World Cup team must be named one week from the date that 2009 Senior Women's National Team Program changes are approved by the Executive Committee and no later than February 18, 2009.

For carding purposes, results from the 2009 Women's World Cup will be applicable to the 2010-2011 carding cycle.

## **2009 WOMEN'S WORLD TEAM & WORLD ALTERNATE TEAM SELECTION POLICY**

Selection of athletes to the 2009 Senior Women's World team will be as follows:

- An athlete must be a Canadian citizen six weeks prior to a major international competition (i.e. World Cup, Pan American and World Championships) in order to represent Canada at that particular competition.
- The National Champion will have the opportunity to earn a position on the 2009 Senior Women's World Team through a commitment to a supervised training program and the schedule identified below.

### **Stage 1 – 2009 Senior Women's National Championships** (March 21, 2009 – Regina, SK)

- Stage 1 – winner will automatically be awarded a spot at the Stage 2 Nationals and will also be named to the 2009 Pan American Team.
- Stage 1 – 2<sup>nd</sup> place finisher will be awarded 3<sup>rd</sup> place Senior National carding points, unless other injury petition wrestle-offs are awarded.

### Stage 2 – 2009 Senior Women’s National Championships

(April 18-19, 2009 – Toronto, ON – pending confirmation of venue and officiating staff)

- One match wrestle-off between 2009 World Cup Team member and Stage 1 winner.
- The weight tolerance for the wrestle-off will be +2 kilograms.
- Stage 2 – winner will be declared the 2009 Senior World Team member and 2009 Senior National Champion and will be awarded 1<sup>st</sup> place National carding points.
- Stage 2 – runner-up will be declared the 2009 Senior World Team Alternate member and will be awarded 2<sup>nd</sup> place National carding points.
- If either wrestler misses the Stage 2 Nationals, the wrestler who is not ready will be considered the Stage 2 runner-up and declared the 2009 Senior World Team Alternate member and will be awarded 2<sup>nd</sup> place National carding points. By default, the wrestler who is ready will be declared the 2009 Senior World Team member and 2009 Senior National Champion and will be awarded 1<sup>st</sup> place National carding points.
- The same criteria will apply for selection of officials at both Stage 1 and Stage 2 Nationals (i.e. the need for a tier I clinician). Pending availability and confirmation, the 5-person officiating crew will be composed of at least two (2) out-of-town officials, based on the proposed tentative location.

### Injury Petitions

Under extenuating circumstances, an injured athlete will be allowed to submit a petition to the High Performance Committee for a wrestle-off for the 2009 Senior Women’s World Team with all of the following conditions being met:

- An athlete is unable to compete in the **Stage 1 and/or Stage 2** - 2009 Senior Women’s National Championships due to illness or injury (or injured during) will be allowed to petition for a try-out for the 2009 Senior Women’s World Team if:
  - She has achieved an international tiering index of at least 1.0 based upon a minimum of 12 consecutive matches from April 1, 2008 to March 15, 2009 AND must have competed in at least 2 tournaments from September 1, 2008 to March 15, 2009 at the weight class she is requesting a petition in.
  - Or she is a defending world or Olympic medallist.
- The official CAWA “Inability to Participate Medical Form”, completed by an approved CAWA physician, must be submitted prior to the start of either Stage 1 and/or Stage 2 Senior National Championships (or at the end of the event(s) in the situation of an injury occurring during the tournament).
- In order for a wrestle-off to occur, the petition must be approved by the High Performance Committee (HPC).

Wrestle-Offs for Injury Petitions Approved by the High Performance Committee for athletes eligible for Stage 2 Nationals

- The weight tolerance for an injury provision wrestle-off will be +2 kilograms.
- One match wrestle-off between 2009 World Cup Team member and Stage 1 winner.
- The date and place for the wrestle-off will be determined by the Senior Women's Head Coach, taking into consideration cost effectiveness and the injury status of the individuals involved. **The wrestle-off will not be held later than Canada Cup 2009!!**

Wrestle-Offs for Injury Petitions Approved by the High Performance Committee for athletes eligible for Stage 1 Nationals

- The weight tolerance for an injury provision wrestle-off will be +2 kilograms.
- The injury wrestle-off will be conducted between the Stage 1 winner and the injured athlete in a best two of three matches. The Stage 1 winner will be credited with one match up.
- The winner of the injury wrestle-off will then be eligible for the Stage 2 Nationals wrestle-off with the 2009 World Cup Team member.
- The injury wrestle-off will occur at the Stage 2 Nationals (April 18-19, 2009) unless the injury status of the athlete involved prevents such participation. If this is the case, the date and place for the injury wrestle-off and subsequent Stage 2 Nationals will be determined by the Senior Women's Head Coach, taking into consideration cost effectiveness and the injury status of the individuals involved. **The wrestle-off will not be held later than Canada Cup 2009!!**
- The winner of the Stage 2 Nationals will be declared the 2009 Senior World Team member and 2009 Senior National Champion and will be awarded 1<sup>st</sup> place National carding points. The Stage 2 runner-up will be declared the 2009 Senior World Alternate Team member and awarded 2<sup>nd</sup> place National carding points. The runner-up of the injury wrestle-off will be awarded 3<sup>rd</sup> place National carding points.

Landed Immigrants (Permanent Residents) Status

Landed immigrants (permanent residents) are eligible to wrestle in the 2009 Stage 1 Senior Women's National Championships.

In those weight classes where a landed immigrant wins the 2009 Stage 1 Nationals, a one match wrestle-off will be held between the 2009 Stage 1 Nationals 2<sup>nd</sup> and 3<sup>rd</sup> place finishers to determine the next available ranked athlete for the 2009 Senior World Alternate Team ladder, provided that the two individuals had not wrestled each other in the 2009 Stage 1 Senior Women's National Championships. The one match wrestle-off, with a +2 kg weight tolerance, will be the 1<sup>st</sup> match at the beginning of Canada Cup 2009.

If the Stage 1 Nationals 2<sup>nd</sup> and 3<sup>rd</sup> place finishers had wrestled each other in the 2009 Stage 1 Senior Women's National Championships, then the result of the match at these Championships will determine the next available ranked athlete for the 2009 Senior World Alternate Team ladder (they must also meet the additional citizenship requirements identified above).

## Doping Control

It should be noted that the results of the 2009 Senior National Championships are not considered official until the results of doping control have been determined. Should a doping infraction occur, then the individual with the doping infraction, in addition to other sanctions, will have their placement in the 2009 Senior Women's National Championships removed from the official results. The other athletes in the tournament, in that weight category, will have their placements moved up accordingly.

## World Team & World Alternate Team Programs

The goal of the 2009 Senior Women's World Alternate Team program is to provide a parallel preparation plan for our 2009 World Team Alternates to compete at the 2009 World Championships in the case that the 2009 World Team member is unable to compete. It should be noted that being a member of the 2009 Women's World Alternate Team is not a reward for a singular previous performance (i.e. Olympic Trials or Senior Women's Freestyle National Championships). As such, athletes must be carded in order to be on the 2009 Senior Women's World Alternate Team and must demonstrate an ability and desire to be a member of the 2009 Senior Women's World Team. Athletes who are not carded, may petition onto the team. A petition must be submitted to the High Performance Committee who will make a recommendation to the Executive Committee for final approval.

Members of the 2009 Senior Women's World Team and 2009 Senior Women's World Alternate Team will be required to attend Canada Cup 2009 and camp and be available to attend supplementary training as requested by the Senior Women's Head Coach. It should be noted that Alternates must show they are competitive internationally in order to be considered for the World Team and preparation events. The international competitiveness of these individuals will be determined by the Senior Women's Head Coach and the High Performance Manager.

## **U24 PROGRAM**

The primary goal of the U24 Program is to provide targeted up and coming wrestlers with the experience necessary to become a World Team member.

Athletes will be selected to CAWA's U24 team as determined by the Senior Women's Head Coach and the High Performance Manager. The athletes must be under 24 years of age as of January 1<sup>st</sup>, 2009. An athlete may turn 24 within the 2009 calendar year.

## **INDIVIDUAL PROGRAMS FOR SELECTED NATIONAL TEAM MEMBERS**

In addition to the programs identified below, the individual coach, the Senior Women's Head Coach and the High Performance Manager will identify specific competitive and training program requirements for each National Team member based upon their individual needs as per the Carded Athlete Contract and the Individual Game Plan.

## **DOPING CONTROL**

Doping control will be conducted throughout 2009 and 2010. Senior World and Alternate Team members may be requested to submit to doping control as selected on a random basis by the Canadian Centre for Ethics in Sport as outlined in the Canadian Anti-Doping Program.

## **CLUB ATHLETES ON CAWA SANCTIONED TRIPS**

Provincial/club athletes may be sanctioned to participate in CAWA National Team trips (i.e. Sunkist, etc.) provided they meet the minimal required standard of placing in the top six (6) at the most recent Senior National Championships and/or approval of the Women's National Head Coach. In the situation where two or more athletes apply for an international tournament with a limitation of one athlete per team per weight class, the result from the most recent Senior Nationals will determine the candidate. All athletes competing in international tournaments must receive CAWA sanction prior to competing. The above policy applies equally to Freestyle and Greco-Roman, Men's and Women's competitions.

## **2009 – 2010 SENIOR WOMEN'S TEAM SCHEDULES**

The tentative programs and corresponding schedules to the various 2009-2010 National and World Teams are as follows:

Mar 21 – 22	World Cup	Taiyuan, CHN	Selected
Apr 24 – 26	Pan Am Championships	Maracaibo, VEN	Stage 1 winners
May 29 – Jun 13	Spring Tour + camp (German GP, GBR Cup, Gotzis)	Dormangen, GER Sheffield, GBR Gotzis, AUS	
Jul 3 – 4	Canada Cup	Guelph, ON	World Team + Alternates + carded athletes
Aug 13 – 23	Fall Tour + camp (Polish Open, Corneanu)	Warsaw, POL Pitesti, ROU	
Sep 21 - 27	World Championships	Herning, DEN	World Team
Dec 17 - 20	Commonwealth Ch.	Delhi, IND	

**\*\*All of the above programs are dependent upon available financial resources and may be subject to change. Dates and locations may be subject to change. Additional events may become available, budget permitting.**