

**SECTION 12.1**

**SENIOR MEN NATIONAL TEAM PROGRAM  
2009 - 2010**

## **INTRODUCTION**

It is very important that athletes and their coaches understand that CAWA is under no obligation to send complete teams to Olympic Games, World Championships or other international events. Winning the Olympic or World Trials does not give an athlete the automatic right to represent Canada.

The athlete must earn that right through a commitment to the training and competitive programs leading up to each event and demonstrated ability to be competitive at the international level as determined by the Senior Men's Head Coach and the High Performance Manager (HPM). Training camps and scheduled competitions are a necessary part of the preparation program and are, therefore, mandatory. Non-compliance with the specified program will result in removal from the Olympic and National Teams.

## **2009 MEN'S FREESTYLE WORLD TEAM SELECTION POLICY**

The 2009 Senior Freestyle National Championships will serve as the Trials to select athletes to the 2009 Senior Men's Freestyle World Team as follows:

- An athlete must be a Canadian citizen six weeks prior to a major international competition (i.e. World Cup, Pan American and World Championships) in order to represent Canada at that particular competition.
- The National Champion will have the opportunity to earn a position on the 2009 Senior Men's Freestyle World Team through a commitment to a supervised training program and the schedule identified below.

### **Injury Petitions**

Under extenuating circumstances, an injured athlete will be allowed to submit a petition to the High Performance Committee for a wrestle-off for the 2009 Senior Men's Freestyle World Team with all of the following conditions being met:

- An athlete is unable to compete in the 2009 Senior Men's Freestyle National Championships due to illness or injury (or injured during) will be allowed to petition for a try-out for the 2009 Senior Men's Freestyle World Team if:
  - He has achieved an international tiering index of at least 1.0 based upon a minimum of 12 consecutive matches from April 1, 2008 to March 15, 2009 AND must have competed in at least 2 tournaments from September 1, 2008 to March 15, 2009 at the weight class he is requesting a petition in.
  - Or he is a defending world medallist.
- The official CAWA "Inability to Participate Medical Form", completed by an approved CAWA physician, must be submitted prior to the start of the 2009 Senior Freestyle National Championships (or at the end of the event in the situation of an injury occurring during the tournament).
- In order for a wrestle-off to occur, the petition must be approved by the High Performance Committee (HPC).

### Wrestle-Offs for Injury Petitions Approved by the High Performance Committee

- The weight tolerance for an injury provision wrestle-off will be +2 kilograms.
- The wrestle-off will be conducted between the national champion and the injured athlete in a best two of three matches. The national champion will be credited with one match up.
- The date and place for the wrestle-off will be determined by the Senior Men's Head Coach, taking into consideration cost effectiveness and the injury status of the individuals involved.  
**The wrestle-off will not be held later than Canada Cup 2009!!**
- Once the date is set, if either wrestler misses a wrestle-off, the wrestler who is not ready loses a match. For example, if the national champion misses the 1<sup>st</sup> date of the wrestle-off, he loses a match and a second wrestle-off date is set. If the challenger misses the 1<sup>st</sup> wrestle-off, the national champion is the 2009 World Team member. If both wrestlers miss the 1<sup>st</sup> wrestle-off, the national champion is the 2009 World Team member.

### Landed Immigrants (Permanent Residents) Status

Landed immigrants (permanent residents) are eligible to wrestle in the 2009 Senior Men's Freestyle National Championships. In those weight classes where a landed immigrant wins the category, a one match wrestle-off will be held between the 2<sup>nd</sup> and 3<sup>rd</sup> place finishers, at the Canada Cup 2009 (1<sup>st</sup> match at the beginning of the Canada Cup 2009), provided that the two individuals had not wrestled each other in the 2009 Senior Men's Freestyle National Championships. If they had wrestled each other in the 2009 Senior Men's Freestyle National Championships, then the result of the match at these Championships will determine the 2009 Senior Men's Freestyle World Team member (they must also meet the additional citizenship requirements identified above).

However, if a landed immigrant becomes a Canadian citizen six weeks prior to the 2009 World Championships, he will be the team member regardless of the result of the 2<sup>nd</sup> and 3<sup>rd</sup> place wrestle-off. Where a Canadian citizen wins the 2009 Senior Men's National Championships in a weight category in which a landed immigrant places second, there will be no wrestle-off in that weight class for the 2009 World Team spot.

### Doping Control

It should be noted that the results of the 2009 Senior Freestyle National Championships are not considered official until the results of doping control have been determined. Should a doping infraction occur, then the individual with the doping infraction, in addition to other sanctions, will have their placement in the 2009 Senior Freestyle National Championships removed from the official results. The other athletes in the tournament, in that weight category, will have their placements moved up accordingly.

### **2009 SENIOR MEN'S FREESTYLE WORLD ALTERNATE TEAM SELECTION POLICY**

The 2009 Senior Men's Freestyle World Alternate Team will be decided upon by the results of the 2009 Senior Men's Freestyle National Championships. The 2<sup>nd</sup> place finisher will be the 2009 World Alternate Team member unless he has not wrestled against the 3<sup>rd</sup> place finisher in the tournament. In this case, a one match wrestle-off will be held between the 2<sup>nd</sup> and 3<sup>rd</sup> place finishers, at Canada Cup 2009 (1<sup>st</sup> match at the beginning of Canada Cup 2009) to determine

the 2009 World Team Alternate. If they had wrestled each other in the 2009 Senior Men's Freestyle National Championships, then the result of the match at these Championships will determine the 2009 Senior Men's Freestyle World Alternate Team member (they must also meet the citizenship requirements identified above).

The goal of the 2009 Senior Men's Freestyle World Alternate Team program is to provide a parallel preparation plan for our 2009 World Team Alternates to compete at the 2009 World Championships in the case that the 2009 World Team member is unable to compete. It should be noted that being a member of the 2009 Men's Freestyle World Alternate Team is not a reward for a singular previous performance (i.e. Olympic Trials or Senior Men's Freestyle National Championships). As such, athletes must be carded in order to be on the 2009 Senior Men's Freestyle World Alternate Team and must demonstrate an ability and desire to be a member of the 2009 Senior Men's Freestyle World Team. Athletes who are not carded, may petition onto the team. A petition must be submitted to the High Performance Committee who will make a recommendation to the Executive Committee for final approval.

Members of the 2009 Senior Men's Freestyle World Team and 2009 Senior Men's Freestyle World Alternate Team will be required to attend Canada Cup 2009 and camp and be available to attend supplementary training as requested by the Senior Men's Head Coach. It should be noted that Alternates must show they are competitive internationally in order to be considered for the World Team and preparation events. The international competitiveness of these individuals will be determined by the Senior Men's Head Coach and the High Performance Manager.

#### **U24 PROGRAM**

The primary goal of the U24 Program is to provide targeted up and coming wrestlers with the experience necessary to become a World Team member.

Athletes will be selected to CAWA's U24 team as determined by the Senior Men's Head Coach and the High Performance Manager. The athletes must be under 24 years of age as of January 1<sup>st</sup>, 2009. An athlete may turn 24 within the 2009 calendar year.

#### **INDIVIDUAL PROGRAMS FOR SELECTED NATIONAL TEAM MEMBERS**

In addition to the programs identified below, the individual coach, the Senior Men's Head Coach and the High Performance Manager will identify specific competitive and training program requirements for each National Team member based upon their individual needs as per the Carded Athlete Contract and the Individual Game Plan.

#### **2009 SENIOR MEN'S GRECO-ROMAN WORLD TEAM SELECTION POLICY**

As with the Freestyle program, it is very important that athletes and their coaches understand that the CAWA is under no obligation to send a complete team to the 2009 Senior Greco-Roman World Championships. Winning the 2009 Senior Greco-Roman National Championships / Trials does not give an athlete the automatic right to represent Canada.

The 2009 Senior Greco-Roman National Championships will serve as the Trials to select athletes to the 2009 Senior Greco-Roman World Championships as follows:

- The national champion will have the opportunity to earn a position on the 2009 Senior Greco-Roman World Team through a commitment to a supervised training program by the Greco-Roman Head Coach. Training camps and scheduled competitions are a necessary part of the preparation program and are, therefore, mandatory. Non-compliance with the specified program will result in removal from the National Team.
- The domestic standard required to attend the 2009 Senior Greco-Roman World Championships is national champion. No placement below 1<sup>st</sup> place will be considered. There will be no injury petition available for the 2009 Senior Greco-Roman World Team.
- In order to compete at the 2009 World Championships, a Greco-Roman wrestler must compete in at least one international event (as approved by the Greco-Roman Head Coach) between the 2009 Senior Greco-Roman National Championships and the 2009 Senior Greco-Roman World Championships.
- **Due to limited funds, the Senior Greco-Roman Program will be self-funded. However, the CAWA will cover the cost of a coach to the 2009 Senior Greco-Roman World Championships.**

### **DOPING CONTROL**

Doping control will be conducted throughout 2009 and 2010. Senior World and Alternate Team members may be requested to submit to doping control as selected on a random basis by the Canadian Centre for Ethics in Sport as outlined in the Canadian Anti-Doping Program.

### **CLUB ATHLETES ON CAWA SANCTIONED TRIPS**

Provincial/club athletes may be sanctioned to participate in CAWA National Team trips (i.e. Sunkist, etc.) provided they meet the minimal required standard of placing in the top six (6) at the most recent Senior National Championships and/or approval of the Men's National Head Coach. In the situation where two or more athletes apply for an international tournament with a limitation of one athlete per team per weight class, the result from the most recent Senior Nationals will determine the candidate. All athletes competing in international tournaments must receive CAWA sanction prior to competing. The above policy applies equally to Freestyle and Greco-Roman, Men's and Women's competitions.

## **2009 – 2010 SENIOR MEN'S TEAM SCHEDULES**

The tentative programs and corresponding schedules to the various 2009-2010 National and World Teams are as follows:

Apr 24 – 26	Pan Am Championships	Maracaibo, VEN	Targeted + U24s
May 24 – June 6	Spring Tour + camp (Ali Aliev + Great Britain Cup)	Makhachkala, RUS Sheffield, GBR	World Team + targeted
Jul 3 – 4	Canada Cup	Guelph, ON	World Team + Alternates + carded athletes
July	US camp	Colorado Springs, USA	World Team + targeted
Jul 11 – 12	Spanish Grand Prix + camp	Madrid, ESP	Alternates + U24s
Aug 2 – 13	Ziolkowski + camp	Warsaw, POL	World Team
Aug 21 – Sep 3	World Team Training Camp	TBA	World Team + training partners
Sep 21 - 27	World Championships	Herning, DEN	World Team
Nov 10 - 15	Development Camp	Vancouver, BC	Carded athletes
Nov 27 - 30	Henri Deglane	Nice, FRA	U24s + targeted
Dec 17 - 20	Commonwealth Ch.	Delhi, IND	U24s + targeted
Jan 2010	Winter Camp	Arizona / Cuba	Targeted + carded athletes
Feb 2010	Winter Tour + camp	Russia / Bulgaria	Targeted

**\*\*All of the above programs are dependent upon available financial resources and may be subject to change. Dates and locations may be subject to change. Additional events may become available, budget permitting.**

## **2009 – 2010 PROGRAM SCHEDULE SUMMARY**

### **National Team (World team, Targeted, carded athletes)**

- Pan Am championships
- Spring tour- Europe
- Canada Cup
- US camp
- Ziolkoski / Poland camp
- World camp
- World Championships
- Deglane /France
- Commonwealth Championships
- Winter camp
- Winter tours /Europe

### **Development Team (carded, non-carded, U24s, JRs)**

- Pan Am Championships
- Canada Cup
- Spanish Grand Prix + camp
- World camp (partners)
- Deglane /France
- Development camp (domestic)
- Winter camp