



CANADIAN AMATEUR WRESTLING ASSOCIATION

Unit #7 - 5370 Canotek Road
Gloucester, Ontario K1J 9E6
Canada
www.wrestling.ca

2010 Rocky's Harley Davidson "KCG" Grappling International



Adrenaline Training Centre
Rocky's Harley Davidson
London, ON – August 13-14, 2010

SPECIFIC INFORMATION

Organizing Federation	Canadian Amateur Wrestling Association 5370 Canotek Rd, Unit 7. Ottawa, Ontario K1J 9E6
Details on competition venue	Rocky's Harley Davidson Showroom 900 Wilton Grove Rd. London, Ontario N6N 1C7 T 1(519)438-1450
Age group	Senior: 20+ years Juniors permitted: 17-18-19 years
Weight categories	Men: 70, 90, Open Women: 60, 75, Open
Number of mats	2 Competition Mats
Registrations	Adrenaline Training Centre 1794 Dundas Street, Unit 1 London, Ontario N5W 3E6
Preliminary entries	Deadline for preliminary entries: July 15, 2010
Final entries	Final entries will be accepted no later than registration on August 13, 2010
Reception of the teams	London International Airport, Canada
Details of hotel for the teams	Holiday Inn London Ontario 864 Exeter Road London Ontario N6E 1L5
Entrance fee	\$50 CAN or \$50 USD or 40 EUR Payment of fees will be done on site during the registration period at the event. DO NOT SEND cheques to the Wrestling Canada office.
Ground transportation	Athletes/Coaches and dignitaries to and from the airport and between the host hotel and the wrestling venue. Notification of arrival and departure details must be received prior to August 1, 2010.
Eligibility and Rules	2010 FILA Grappling Rules will apply. Legal proof of age/citizenship must be provided at time of registration.
FILA licence	The FILA licence is not be mandatory for the event, but athletes wishing to benefit from the insurance coverage can buy it on site for \$100 CAN or \$100 USD or 80 EUR
Training Facility	Please book practice time by Aug 5, 2010.
Coaches	All coaches must abide by the Wrestling Canada coaches code of conduct and fulfill the FILA Code.
Medical	A doctor will be on call and athletic therapists will be on site. Athletes requiring preventative therapy will require their own supplies.

CONTACT INFORMATION	
Wrestling Canada (registration)	T (519) 207-5686 C (519) 872-5686 F (613) 748-5756 ckingsbury@wrestling.ca
Tournament Convenor	Clint Kingsbury – ckingsbury@wrestling.ca Mark Hominick – markhominick@hotmail.com Shawn Brooks – 519 282 7599
Practice Times	Alex Gasson – agasson@hotmail.com Ben Ortmanns – benortmanns@gmail.com
Official Contact	Clint Kingsbury – ckingsbury@wrestling.ca Courtney Kingsbury – Corkie_I@hotmail.com Clinician & Head Official – Clint Kingsbury
Transportation	Alex Gasson – agasson@hotmail.com Ben Ortmanns – benortmanns@gmail.com

PROGRAMME		
THURSDAY 12/08/10	All Day	Arrival of the delegations
FRIDAY 13/08/10	2pm-4pm	Registration – Seniors
	5pm-6pm	Men's & Women's Medical & Weigh-in
	7:30pm 8:30pm	Coaches' Meeting
	8pm-9pm	Officials Meeting
SATURDAY 14/08/10	OPENING CEREMONY	
	9am-12:30pm	Preliminaries
	12:30pm-1pm	Lunch break
	1pm-3pm	Completion of all matches including Bronze medal matches
	3:30 pm-4pm	March in and Opening Ceremonies for Finalists
	4:15pm-5:30pm	Gold Medal Matches
	6pm	Medal Ceremonies

Please note that we will be having a National Team Training Camp, hosted by the Adrenaline Training Center/Team Tompkins Gym. The focus will be Grappling and Pankration, under the FILA rules.

- Dates are August 15-19
- Camp fee is 100CAN per athlete
- Accommodations, food are 110CAN per day

Please contact Clint Kingsbury at 5198725686 or ckingsbury@wrestling.ca

Clinicians are as follows:

UFC Fighter: Sam “Hands of Stone” Stout

WEC Fighter: Mark “The Machine” Hominick

WEC Fighter: Chris “The Polish Hammer”
Horodecki