



2010
CANADA CUP
OF INTERNATIONAL
WRESTLING
& TRAINING CAMP

SENIOR TOURNAMENT: JULY 3

**TRAINING CAMP: JULY 5-
JULY 9**

GUELPH, ONTARIO

www.canadacupofwrestling.ca
www.wrestling.ca



EVENT DATES

The competition will take place on July 3, 2010. An open training camp will follow from July 5-July 9, 2010.

COMPETITION VENUE & HOTEL INFORMATION

Competition Venue:

WF Mitchell Athletic Centre,
University of Guelph, 50 Stone Rd E
Guelph, Ontario

Accommodation will be provided for all wrestlers, coaches, referees and officials at the host hotel. Meals will be provided on a schedule to be developed by the Organizing Committee.

Host Hotel:

University of Guelph Residence

***Tournament/Camp Cost
(without meals and Accommodations):***

\$50 Tournament entry fee only
(All Participants)

\$200 Camp fee only
(Canadian athletes only)

OR

\$225 if participating in both tournament and camp (Canadian Athletes Only)

Meals and accommodations are available at a rate of **\$80 per day per person in the residences. This is in addition to the costs listed above.** Please contact the host committee to make arrangements.

All Prices listed are in Canadian Funds.

All arrangements must be made through the Guelph Wrestling Club. Contact dcox@uoguelph.ca or phone 519-824-4120 ext. 53405.

GROUND TRANSPORTATION & HOSPITALITY

The 2009 Canada Cup will be held in Guelph, Ontario. Guelph is located less than one hour from Toronto, and numerous other tourist sites, including Niagara Falls.

Airport shuttles will be provided for **International teams only.** All flight information, including Flight number, time and number of people must be received no later than **June 23, 2010.** No exceptions. If it is not received by this date there will be no transportation provided.

The competition and training venue is walking distance from the hotel.

Teams must cover the cost of their airfare to Toronto or Kitchener and return.

All financial obligations must be settled with the Organizing Committee upon arrival.

COMPETITION CONDITIONS

Participating teams/clubs shall have a training facility at their disposal under a time schedule to be determined.

ENTRIES

We ask that you inform us of your intention to accept this invitation by **May 1, 2010.** We require your answer by this date to carry out the necessary planning for accommodation and other services.

Preliminary entries must be received, on the forms provided by the Organizing Committee, before **May 22, 2010.** Nominative entries must be received before **June 5, 2010.** Final entries

will be expected 6 hours before the start of the weigh-in.

There is an entry fee for every athlete that participates in the tournament.

TRAINING CONDITIONS

A Training Camp featuring the Canadian National Junior and Senior teams will take place following the Canada Cup. Teams/clubs interested in participating in this camp should contact the Canadian Amateur Wrestling Association.

A camp fee per athlete camp participation fee is to be upon registration for the camp.

WEIGHT CLASSES

Senior Men:

55, 60, 66, 74, 84, 96, 96-120 kg

Senior Women:

48, 51, 55, 59, 63, 67, 72 kg

The weigh-in will be on the day before the competitions in accordance with the Canada Cup schedule.

A tolerance of two (2) kilograms will be allowed.

AGE RESTRICTIONS

Senior Male and Female: 20 years and older. 18 & 19 (1991 & 1992) can compete with proof of age.

ELIGIBILITY AND RULES

The Canada Cup will be run in accordance with 2010 FILA rules.

The Canada Cup of International Wrestling and Training Camp are open to all invited countries provided they are members in good standing with FILA.

Canadian athletes must be sanctioned by their provincial/territorial association in order to participate in this event.

Athletes from the USA must be able to show they are members in good standing with USA Wrestling.

OFFICIALS

The Canada Cup of International Wrestling will be a FILA control clinic beginning on July 3.

Referees must produce their valid FILA licenses with 2010 stamp.

MEDICAL EXAMINATIONS

Each Wrestler must undergo a medical examination that will take place on the day before competition.

All delegations must show proof of medical insurance for their stay in Canada.

Delegations unable to provide proof of acceptable medical travel insurance will have it purchased for them at their expense.

AWARDS

The Organizing Committee will provide awards for the top three placing in each weight class.

Awards will be presented to the Outstanding Canadian and Foreign Wrestler in the Men's and Women's competition.

CONTACT INFORMATION

For the competition:

Correspondence regarding the competition must be sent directly to the Organizing Committee:

2010 Canada Cup Organizing Committee

c/o The Guelph Wrestling Club
Dept. of Athletics, University of Guelph
50 Stone Rd E.
Guelph, Ontario
CANADA N1G 2W1

Phone: (519) 824-4120 extension 53405

Facsimilie: (519) 766-9563

E-mail: dcox@uoguelph.ca
kevin.christiaens@gmail.com

For the training camp:

Correspondence/questions regarding the training camp must be sent directly to the Canada Amateur Wrestling Association:

Canadian Amateur Wrestling Association

Unit 7, 5370 Canotek Road
Gloucester, Ontario
CANADA
K1J 9E6

Phone: (613) 748-5686

Facsimilie: (613) 748-5756

E-mail: ckingsbury@wrestling.ca



 Ontario

CANADA CUP INVITATIONAL SCHEDULE

THURSDAY, JULY 1, 2010

7:30-9:00am	Breakfast
All Day	Arrival of teams; Training facilities available
12:00-1:30pm	Lunch
6:00-7:00pm	Dinner

FRIDAY, JULY 2, 2010

7:30-9:00am	Breakfast
All Day	Arrival of Teams Training Facilities Available
12:00-1:30pm	Lunch
1:00-3:00pm	Final Entry Senior registration

**Registration will close immediately at 3 pm.
Late registration is subject to a penalty fee.**

5:00-5:30pm	Medicals
5:30-6:00pm	Weigh-Ins (2 KG Allowance)
6:00-7:30pm	Dinner for Athletes, etc.
6:30-8:30pm	FILA control Clinic
8:00-11:30pm	Hospitality – Team Leaders, Coaches & Officials
9:00-9:30pm	Team Leaders Meeting

SATURDAY, JULY 3, 2010

7:30-9:00am	Breakfast
9:00-12:00pm	Senior Wrestling Session I
12:00-2:00pm	Lunch
1:00-5:00pm	Senior Wrestling Session II
4:30-6:00pm	Dinner
6:00-8:00pm	Senior Wrestling Session III Finals

SUNDAY, JULY 4, 2010

7:30-9:00am	Breakfast
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Training Sessions for Sunday, July 4th to be determined, at conclusion of Tournament.

CANADA CUP TRAINING CAMP

SUNDAY, JULY 4, 2010

1:00-2:00pm	Lunch
2:00-3:00pm	Women's Practice
3:00-4:00pm	Men's Practice
5:00-6:00pm	Dinner
7:30pm	

MONDAY, JULY 5, 2010

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00pm	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00-4:00pm	Pre-Jr Practice
4:00-6:00pm	Senior Practice
6:00-8:00pm	Dinner

TUESDAY, JULY 6, 2010

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00am	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00-4:00pm	Senior Practice
4:00-6:00pm	Pre-Jr Practice
6:00-8:00pm	Dinner

WEDNESDAY, JULY 7, 2010

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00am	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00-4:00pm	Pre-Jr Practice
4:00-6:00pm	Senior Practice
6:00-8:00pm	Dinner

THURSDAY, JULY 8, 2010

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00am	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00-4:00pm	Senior Practice
4:00-6:00pm	Pre-Jr Practice
6:00-8:00pm	Dinner

FRIDAY, JULY 9, 2010

7:00-9:00am	Breakfast
8:00-10:00am	Senior Practice
10:00-12:00am	Pre-Jr Practice
11:30-1:30pm	Lunch
2:00pm	Start of team departures

** Schedules subject to change.*



2010 CANADA CUP SENIOR INVITATIONAL

PRELIMINARY ENTRY FORM Senior MEN AND WOMEN

TEAM/CLUB: _____.

OFFICIAL: _____.
ATHLETES: _____.
COACHES: _____.
MEDICAL: _____.
REFEREE: _____.

TOTAL SIZE OF DELEGATION: _____.

PLANNED DATE OF ARRIVAL IN TORONTO: _____.

PLANNED DATE OF DEPARTURE FROM TORONTO: _____.

NAME OF CONTACT: _____.

PHONE NUMBER: _____.

E-MAIL ADDRESS: _____.

SIGNATURE OF TEAM/CLUB CONTACT

DATE

PLEASE RETURN THIS FORM VIA FAX TO 519-766-9563 OR VIA E-MAIL TO dcox@uoquelfh.ca BEFORE May 1st, 2010.



2010 CANADA CUP SENIOR INVITATIONAL

NOMINATIVE ENTRY FORM – SENIOR MEN AND WOMEN

TEAM/CLUB: _____.

ENTRY BY WEIGHT CLASS:

MEN

55 KG _____.

60 KG _____.

66 KG _____.

74 KG _____.

84 KG _____.

96 KG _____.

120 KG _____.

WOMEN

48 KG _____.

51 KG _____.

55 KG _____.

59 KG _____.

63 KG _____.

67 KG _____.

72 KG _____.

TEAM LEADER: _____.

COACHES: _____.

MEDICAL: _____.

REFEREE: _____.

OFFICIAL/OTHER: _____.

SIGNATURE OF TEAM/CLUB CONTACT

DATE

PLEASE RETURN THIS FORM VIA FAX TO 519-766-9563 OR VIA E-MAIL TO dcox@uoguelph.ca BEFORE JUNE 5th, 2010.



2010 CANADA CUP PRE-JUNIOR INVITATIONAL

PRELIMINARY ENTRY FORM PRE-JUNIOR MEN AND WOMEN

TEAM/CLUB: _____.

OFFICIAL: _____.

ATHLETES: _____.

COACHES: _____.

MEDICAL: _____.

REFEREE: _____.

TOTAL SIZE OF DELEGATION: _____.

PLANNED DATE OF ARRIVAL IN TORONTO: _____.

PLANNED DATE OF DEPARTURE FROM TORONTO: _____.

NAME OF CONTACT: _____.

PHONE NUMBER: _____.

E-MAIL ADDRESS: _____.

SIGNATURE OF TEAM/CLUB CONTACT

DATE

PLEASE RETURN THIS FORM VIA FAX TO 519-766-9563 OR VIA E-MAIL TO dcox@uoguelph.ca BEFORE MAY 1st, 2010.



2010 CANADA CUP PRE-JUNIOR INVITATIONAL

NOMINATIVE ENTRY FORM – PRE-JUNIOR MEN AND WOMEN

TEAM/CLUB: _____.

ENTRY BY WEIGHT CLASS:

MEN

42 KG _____.

46 KG _____.

50 KG _____.

54 KG _____.

58 KG _____.

63 KG _____.

69 KG _____.

76 KG _____.

85 KG _____.

100 KG _____.

115 KG _____.

130 KG _____.

WOMEN

38 KG _____.

40 KG _____.

43 KG _____.

46 KG _____.

49 KG _____.

52 KG _____.

56 KG _____.

60 KG _____.

65 KG _____.

70 KG _____.

80 KG _____.

90 KG _____.

TEAM LEADER: _____.

COACHES: _____.

MEDICAL: _____.

REFEREE: _____.

OFFICIAL/OTHER: _____.

SIGNATURE OF TEAM/CLUB CONTACT

DATE

PLEASE RETURN THIS FORM VIA FAX TO 519-766-9563 OR VIA E-MAIL TO dcox@uoguelph.ca BEFORE JUNE 5th, 2010.