



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

Adresse : Rue du Château 6 / 1804 Corsier-sur-Vevey / Suisse
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To all Federation
To all athletes
To the doctors of National Federations

Application procedure for Therapeutic Use Exemptions (TUE)

Dear President,
Dear colleagues,

Please take note of the modifications with regard to the TUEs and the procedure to follow in order to obtain a TUE for 2011.

1) Competent bodies

- All the international level athletes and the wrestlers included in the FILA Registered Testing Pool 2011 must submit their TUE application to FILA.
- All wrestlers entered in an international competition in the FILA calendar (see the list attached) shall submit their request to FILA at least 30 days before the beginning of the competition.
- National level athletes must request their TUEs to their National Anti-doping Organisation.

2) TUE

The request must include:

- The TUE form (available on the FILA website) dully filled in and signed by the athlete and the medical practitioner;
- A complete medical file (including a diagnosis, exams results, etc)

Any change of dose, frequency, route and/or duration requires another TUE application.

All the information contained in the TUE application is kept strictly confidential as medical data.

3) Declaration of Use:

The article 9 of the International Standard for TUE 2011 provides: "*There are no longer substances or methods on the Prohibited List that require a Declaration of Use and therefore it is not necessary to file a Declaration of Use*".

Declarations of use are therefore removed as from 1st January 2011.



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The use of the following substances does not need any previous authorization any longer:

- Glucocorticosteroïds administered by non-systemic routes or by inhalation*
- Salbutamol (maximum 1600 micrograms over 24 hours) by inhalation
- Salmeterol by inhalation

* all glucocorticosteroids are prohibited when administered by oral, intravenous, intramuscular or rectal routes.

For the other beta-2 agonists (terbutaline, formeterol), a standard TUE application with complete medical file is required.

4) Other information

Athletes who have an account may submit their TUE application through ADAMS but should not forget to include a complete medical file with their application.

We remind you that incomplete applications will not be processed and returned.

Athletes may visit the World Anti-doping Agency's website, particularly <http://wada-ama.org/en/Anti-Doping-Community/Athletes-/> for all questions related to TUE but also food supplements among other.

You will find enclosed:

- List of competitions requiring a TUE granted by FILA only;
- List of Prohibited Substances for 2011
- Summary of modifications to the prohibited list

We thank you to relay this information to your athletes as well as to the doctor of your Federation and any other concerned individual.

Yours sincerely,

Michel Dusson
Secretary General

Corsier, 20th December 2010 /cr