



# Substance Classification Booklet

**For further information, please contact:**

Canadian Centre for Ethics in Sport (CCES)  
350-955 Green Valley Cr.  
Ottawa, Ontario K2C 3V4

1-800-672-7775 (Canada-wide) or 613-521-3340  
Fax: 613-521-3134

General information: [info@cces.ca](mailto:info@cces.ca)  
Substance information: 1-800-672-7775  
[substanceinquiries@cces.ca](mailto:substanceinquiries@cces.ca)

**[www.cces.ca](http://www.cces.ca)**

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**Canada** 

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## Helping Athletes Compete Doping-Free

The Canadian Centre for Ethics in Sport (CCES) promotes ethical conduct in all aspects of sport in Canada. It is a distinct privilege to be able to contribute to the value of sport in this way. Through its work, the CCES seeks to ensure that sport makes a positive contribution to individuals and communities in Canadian society. To truly safeguard the value of sport however, all of us share an obligation to promote ethical values in sport. Together we have a responsibility to ensure that our sport system is one in which all Canadians can share a sense of trust, confidence, respect and pride as we pursue athletic excellence.

The CCES is committed to promoting a fair and doping-free sport environment for all Canadian athletes. We believe that athletes compete because they love their sport, they respect the game and they want to achieve excellence. Collectively, Canadian athletes have called on the CCES to provide services and programs to achieve fair and ethical sport.

This booklet provides athletes and their support personnel with a complete overview of the 2009 World Anti-Doping Agency (WADA) Prohibited List and its application to the Canadian Anti-Doping Program. **The information in this publication is provided for reference purposes only. The prohibited categories and lists of examples in this booklet are subject to change by WADA. WADA may, and does, make modifications to the Prohibited List periodically. The information in this publication is based on the WADA Prohibited List (available at [www.wada-ama.org](http://www.wada-ama.org), version date January 1, 2009).**

All athletes are responsible for ensuring that they comply with the rules and regulations of competition, which include any sport federation restrictions and the WADA Prohibited List. If you are in doubt about any substance or product, avoid its use.

The CCES provides information services to any individual or organization seeking to know whether or not a particular substance or method is prohibited for use in sport. Please note, however, that the CCES does not “clear” or “endorse” consumer products for consumption by Canadian athletes.

If you are ever unsure or have any questions about a medication, please contact the CCES for further information.

Telephone: 1-800-672-7775

Email: [substanceinquiries@cces.ca](mailto:substanceinquiries@cces.ca)



## 1.0 Permitted Substances

It is important to know that most substances are not prohibited and therefore are available if needed to treat a legitimate medical condition. Drugs in this category may be prescription or non-prescription drugs. This list is not exhaustive but is meant to provide suggestions of drugs that are permitted. There are other permitted substances that are not listed here.

This list should not be taken as a recommendation concerning the relative efficacy of various substances or as a recommendation to use them. Athletes must rely on the advice of doctors or pharmacists about the safety or efficacy of a medication.

Generic medications are often named by the abbreviation of the company followed by the chemical name of the substances. For example: Apo-, CO-, Gen-, Lin-, Novo-, Nu-, PMS-, Ran-, Rho-, Riva-, Sandoz and Taro-. For instance, Apo-Salbutamol is salbutamol.

**This list provides examples of permitted substances in the following categories:**

Acne Therapy	Antispasmodics
Anaesthetics	Antivirals
Analgesics/Anti-inflammatories	Anxiolytics/Sedatives
Antacids	Cholesterol
Anti-anginals	Contraceptives
Antiarrhythmics	Cough and Cold Preparations
Antiasthmatics/Bronchial Anti-inflammatory	Creams/Ointments/Lotions/Balms/Sprays
Antibiotics/Antibacterials	Decongestants
Anticonvulsants	Eye/Ear
Antidepressants	Gastric Ulcer
Antidiabetics	Hair Loss
Antidiarrheals	Laxatives
Antifungals	Lozenges (Throat)
Antihistaminics	Mania Therapy
Antihypertensives	Muscle Relaxant
Anti-inflammatories	Premenstrual Syndrome and Dysmenorrhea
Antimigraine	Sedatives
Antinauseants/Antiemetics	Smoking Cessation Aids
Antiparasitic	Vaginal
Antipsychotics	Other Medications
Anthelmintics	
Antimalarials	
Antiprotozoals	



## ACNE THERAPY

Accutane Roche (isotretinoin)  
 Acetoxyl (benzoyl peroxide)  
 Adacept B.P 5 Acne Gel (benzoyl peroxide)  
 Adapalene  
 Benoxyl (benzoyl peroxide)  
 Benzac (benzoyl peroxide)  
 Benzagel (benzoyl peroxide)  
 Benzamycin (benzoyl peroxide, erythromycin)  
 Benzoyl Peroxide  
 Cetaphil Acne Principles (benzoyl peroxide)  
 Clarus (isotretinoin)  
 Clear Acne Treatment Cream (benzoyl peroxide)  
 Clindamycin  
 Clindoxyl (benzoyl peroxide, clindamycin)  
 Clinique Acne Solutions Clearing Moisturizer -  
 Emergency Solution (benzoyl peroxide)  
 Dalacin T Topical Solution (clindamycin)  
 Diane-35 (cyproterone, ethinylestradiol for females  
 only)  
 Differin, XP (adapalene)

Erythromycin  
 Isotretinoin  
 Isotrex (isotretinoin)  
 Meted (salicylic acid, sulfur)  
 Minocycline  
 Oxyderm (benzoyl peroxide)  
 Panoxyl (benzoyl peroxide)  
 Pernox (salicylic acid, sulfur)  
 Retisol-A (tretinoin)  
 Salicylic Acid  
 Sebulex (salicylic acid, sulfur)  
 Solugel (benzoyl peroxide)  
 Stevia-A (tretinoin)  
 Stievamycin (erythromycin, tretinoin)  
 Sulfur  
 Tarazotene  
 Tazorac (tazarotene)  
 Tetracycline  
 Tretinoin  
 Triclosan

## ANAESTHETICS

Ametop (tetracaine)  
 Anbesol (benzocaine)  
 Articaine  
 Astracaine (articaine)  
 Auralgan (benzocaine)  
 Benzocaine  
 Bupivacaine  
 Carbocaine (mepivacaine)  
 Chloroprocaine  
 Citanest (prilocaine)  
 Emla cream and patch (lidocaine)  
 Lidocaine  
 Lidomax 5 (lidocaine)

Marcaine (bupivacaine)  
 Mepivacaine  
 Naropin (ropivacaine)  
 Nesacaine-CE (chloroprocaine)  
 Novocaine (prilocaine)  
 Polocaine (mepivacaine)  
 Pontocaine (tetracaine)  
 Prilocaine  
 Ropivacaine  
 Sensorcaine (bupivacaine)  
 Tetracaine  
 Xylocaine (lidocaine)

## ANALGESICS/ANTI-INFLAMMATORIES

222 Tablets (ASA, codeine)  
 642 Tablets (propoxyphene)  
 692 Tablets (propoxyphene, ASA)  
 Abenol (acetaminophen)  
 Acetaminophen  
 Acetylsalicylic acid (ASA)  
 Advil (ibuprofen)

Alka Seltzer (ASA, sodium bicarbonate, citric acid)  
 Alka Seltzer Morning Relief (ASA, caffeine)  
 Anacin, -Extra Strength (ASA)  
 Anaprox (naproxen)  
 Ansaid (flurbiprofen)  
 Apo-Diclo, -SR (diclofenac)  
 Apo-diflunisal



Apo-Etodolac (etodolac)	Nalfon (fenoprofen)
Apo-Keto, -E, -SR (ketoprofen)	Naprosyn (naproxen)
Apo-Ketorolac	Naxen (naproxen)
Apo-Mefenamic	Novasen (ASA)
Apo-Meloxicam	Novo-5 ASA (ASA)
Apo-Napro-Na, -DS (naproxen)	Novo-Flurprofen (flurbiprofen)
Apo-Oxaprozin	Novo-Gesic C8, -C15, -C30 (acetaminophen, caffeine, codeine)
Apo-Sulin (sulindac)	Novo-Keto, -EC (ketoprofen)
Apo-Tenoxicam	Novo-Methacin (indomethacin)
Arthritis pain extended relief (acetaminophen)	Novo-Naprox, -SR, -Sodium, -Sodium DS (naproxen)
Arthrotec (diclofenac, misoprostol)	Novo-Pirocam (piroxicam)
Asaphen, -EC (ASA)	Novo-Profen (ibuprofen)
Aspirin 81mg, Quick Chews (ASA)	Novo-Sundac (sulindac)
Aspirin Night-Time (ASA, methocarbamol)	Novo-Tiaprofenic
Atasol plain, -8, -15, -30, codeine (acetaminophen)	Novo-Tenoxicam
Bextra (valdecoxib)	Nu-Diclo, -SR (diclofenac)
Brexidol 20 (piroxicam)	Nu-Indo (indomethacin)
Celebrex (celecoxib)	Nu-Naprox (naproxen)
Coated Aspirin (ASA)	Nu-Pirox (piroxicam)
Codeine	Orafen (ketoprofen)
Codeine Contin	Orudis SR (ketoprofen)
Codeine Phosphate	Oruvail (ketoprofen)
Darvon-N (propoxyphene)	Phenaphen with codeine (ASA, codeine, phenobarbital)
Daypro (oxaprozin)	PMS-Naproxen EC
Diclofenac	Ponstan (mefenamic acid)
Disalcid (salsalate)	Prexige (lumiracoxib)
Emtec-30 (acetaminophen, codeine)	Pyridium (phenazopyridine)
Entrophen (ASA)	Ralivia (tramadol)
Exdol-8, -15, -30 (acetaminophen, codeine)	Ratio-Benzylamine
Extra strength acetaminophen caplet (acetaminophen)	Ratio-Codeine
Feldene (piroxicam)	Ratio-Flurbiprofen
Fexicam (piroxicam)	Ratio-Indomethacin
Fiorinal (ASA, butalbital, caffeine)	Ratio-Lenoltec N° 1, 2 & 3 (acetaminophen, caffeine, codeine)
Fiorinal C1/4, -C1/2 (ASA, codeine, butalbital)	Ratio-Lenoltec N° 4 (acetaminophen, codeine)
Froben, -SR (flurbiprofen)	Rhodis, -EC, -SR (ketoprofen)
Gen-nabumetone	Sandoz-nabumetone
Ibuprofen	Surgam, -SR (tiaprofenic acid)
Idarac (flocetafenine)	Synflex, -DS (naproxen)
Indotec (indomethacin)	Taminol Caplets (acetaminophen)
Lyrica (pregabalin)	Toradol (ketorolac)
Mersyndol with codeine (acetaminophen, codeine, doxylamine)	Tramacet (acetaminophen, tramadol)
Mobicox (meloxicam)	Triatec-8, -8 strong (acetaminophen, codeine)
Motrin IB (ibuprofen)	Triatec-30 (acetaminophen, codeine)
MSD Enteric Coated ASA (ASA)	



Tridural (tramadol)  
 Trilisate (choline salicylate, magnesium salicylate)  
 Tylenol plain (acetaminophen)  
 Tylenol Aches and Strains (acetaminophen, chlorzoxazone)  
 Tylenol Elixir with codeine (acetaminophen, codeine)  
 Tylenol Ultra Relief (acetaminophen, caffeine)

Tylenol with codeine N°1, -N°1 Forte, -N°2, -N°3  
 (acetaminophen, caffeine, codeine)  
 Tylenol with codeine N°4 (codeine, acetaminophen)  
 Ultradol (Etodolac)  
 Voltaren (diclofenac)  
 Voltaren Rapide (diclofenac)  
 Zytram XL (tramadol)

### ANTACIDS

Amphojel (aluminum)  
 Diovol (aluminum, magnesium)  
 Gaviscon (aluminum, sodium)  
 Gelusil (aluminum, magnesium)  
 Mylanta (aluminum, magnesium, simethicone)

Riopan (magaldrate)  
 Rolaid's Antacid Tablets (magnesium, calcium)  
 Rolaid's Ultra Strength Plus Gas  
 (calcium carbonate, simethicone)  
 TUMS Tablets (calcium)

### ANTI-ANGINALS

Apo-ISDN (isosorbide 5-mononitrate)  
 Cardizem, -SR, -CD (diltiazem)  
 Cedocard-SR (isosorbide 5-mononitrate)  
 Chronovera (verapamil)  
 Covera-HS (verapamil)  
 Diltiazem  
 Imdur (isosorbide 5-mononitrate)  
 Ismo (isosorbide 5-mononitrate)  
 Isoptin (verapamil)  
 Isordil (isosorbide 5-mononitrate)  
 Minitran (nitroglycerin)  
 Nitro-Dur (nitroglycerin)

Nitrolingual Pumpspray (nitroglycerin)  
 Nitrong SR (nitroglycerin)  
 Nitrostat (nitroglycerin)  
 Norvasc (amlodipine)  
 Novo-Nifedin (nifedipine)  
 Novo-Veramil, SR (verapamil)  
 Nu-Diltiaz, -CD (diltiazem)  
 Nu-Nifed (nifedipine)  
 Nu-Verap (verapamil)  
 Transderm-Nitro (nitroglycerin)  
 Tinipatch (nitroglycerin)

### ANTIARRHYTHMICS

Adenocard (adenosine)  
 Amiodarone Hydrochloride for I.V. infusion  
 Apo-Procaïnamide  
 Apo-Quinidine  
 Biquin Durules (quinidine)  
 Bretylium Tosylate Injection USP  
 Cardioquin (quinidine)  
 Cardizem injectable (diltiazem)  
 Cordarone (amiodarone)  
 Isoptin (verapamil)  
 Mexitil (mexiletine)

Novo-Mexiletine  
 Novo-Veramil, -SR (verapamil)  
 Nu-Verap (verapamil)  
 Procan, -SR (procaïnamide)  
 Quinidine  
 Ratio- Amiodarone  
 Rythmodan, -LA (disopyramide)  
 Rythmol (propafenone)  
 Tiazac XC (diltiazem)  
 Tambocor (flecainide)



### ANTI-ASTHMATICS/BRONCHIAL ANTI-INFLAMMATORIES

Accolate (zafirlukast)	Intal (sodium cromoglycate)
Aminophylline (theophylline)	Novo-Theophyl-SR (theophylline)
Apo-Cromolyn Sterules (cromolyn sodium)	Singulair (montelukast)
Apo-Ipravent (ipratropium)	Theo-Bronc (theophylline, guaifenesin, mepyramine)
Apo-oxtripylline (theophylline)	Theochron SR (theophylline)
Apo-Theo LA (theophylline)	Theo-Dur (theophylline)
Atrovent (ipratropium)	Tilade (nedocromil)
Choledyl (oxtriphylline)	Xolair (omalizumab)
Choledyl Expectorant (oxtriphylline, guaifenesin)	

### ANTIBIOTICS/ANTIBACTERIALS

*All antibiotics are permitted*

Ampicillin	Cefoxitin
Amikacin	Ceftin (cefuroxime axetil)
Apo-Amoxi (amoxicillin)	Ceftriaxone for injection UPS (CEFTRIAXONE)
Apo-Amoxi-Clav (amoxicillin/clavulanate potassium)	Ceptaz (ceftazidime)
Apo-Ampi (ampicillin)	Ceporacin (cephalothin)
Apo-Cefaclor	Chloromycetin injection (chloramphenicol)
Apo-Cefadroxil	Ciloxan (ciprofloxacin)
Apo-Cefprozil	Ciprofloxacin, injection USP
Apo-Cephalex (cephalexin)	Claforan (cefotaxime)
Apo-Cloxi (cloxacillin)	Clarithromycin
Apo-Cefuroxime	Clavulin (amoxicillin, clavulanate potassium)
Apo-Clarithromycin	Clindasol (clindamycin)
Apo-Doxy (doxycycline)	Cloxacillin
Apo-Erythro-Base, -EC, -S, -ES (erythromycin)	Colistimethate for injection (sodium colistimethate)
Apo-Metronidazole	Coly-Mycin M parental (sodium colistimethate)
Apo-Nitrofurantoin	Coptin (sulfadiazine, trimethoprim)
Apo-Norflox (norfloxacin)	Crystapen (penicillin)
Apo-Oflox (ofloxacin)	Dalacin (clindamycin)
Apo-Pen VK (penicillin)	Declomycin (demeclocycline)
Apo-Sulfatrim (trimethoprim, sulfamethoxazole)	Doxycin (doxycycline)
Apo-Tetra (tetracycline)	Doxytec (doxycycline)
Apo-Trimethoprim	Duricef (cefadroxil)
Avelox (moxifloxacin)	EES (erythromycin)
Avlosulfon (dapson)	Enca (minocycline)
Azithromycin	Erybid (erythromycin)
Baciject (bacitracin)	Eryc (erythromycin)
Bacitracin	Erythrocin, -IV (erythromycin)
Biaxin (clarithromycin)	Erythromid (erythromycin)
Ceclor (cefaclor)	Factive (gemifloxacin)
Cefazolin	Florazole (metronidazole)
Cefizox (ceftizoxime)	Floxin (ofloxacin)
Cefotan (cefotetan)	Fortaz (ceftazidime)
	Fucidin, -IV (sodium fusidate)



Gentamycin Injection USP	Novo-Trimel (trimethoprim, sulfamethoxazole)
Gen-Clarithromycin	Nu-tetra (tetracycline)
Gentamycin Sulfate Injection	Nyaderm (nystatin)
Humatin (paromomycin)	PCE (erythromycin)
Keflex	Penicillin
Kefurox (cefuroxime)	Penglobe (bacampicillin)
Ketek (telithromycin)	PHL-Doxycycline
Levaquin (levofloxacin)	Pipracil (piperacillin)
Lincocin (lincomycin)	PMS-Clarithromycin
Macrobid (nitrofurantoin)	PMS-Minocycline
Macrodantin (nitrofurantoin)	PMS-Polytrimethoprim (trimethoprim, sulfamethoxazole)
Mandelamine (methamine)	Pondocillin (pivampicillin)
Maxipime (cefepime)	Primaxin (imipenem, cilastatin)
Mefoxin (cefoxitin)	PVF K (penicillin)
Merrem (meropenem)	Rocephin (ceftriaxone)
Metronidazole Injection	Rovamycine (spiramycin)
Minocin (minocycline)	Selexid (pivmecillinam)
Mupirocin	Septa Injection (trimethoprim, sulfamethoxazole)
Mycobutin (rifabutin)	Streptomycin Sulfate
Nadopen-V (penicillin)	Suprax (cefexime)
Nebcin (tobramycin)	Synercid (quinupristin, dalfopristin)
Neg Gram (nalidixic acid)	Tazidime (ceftazidime)
Norfloracin	Tazocin (piperacillin, tazobactam)
Novamoxin (amoxicillin)	Tygacil (Tigecycline)
Novo-Furattoin (nitrofurantoin)	Timentin (ticarcillin)
Novo-Levofloxacin	Tobramycin sulphate injection USP
Novo-Lexin (cephalexin)	Zithromax (azithromycin)
Novo-Pen-VK (penicillin)	Z-Pak (zithromax, azithromycin)
Novo-Rythro Encap (erythromycin)	

### ANTICONSULSANTS

Apo-Carbamazepine	Epject I.V. (valproic acid)
Apo-Clonazepam	Frisium (clobazam)
Apo-Divalproex	Kepra (levetiracetam)
Apo-Gabapentin	Lamictal (lamotrigine)
Apo-Lamotrigine	Levetiracetam
Apo-Primidone	Lorazepam
Ativan (lorazepam)	Neurontin (gabapentin)
Celontin (methsuximide)	Novo-Carbamaz (carbamazepine)
CO-Topiramate	Phenobarbital
Cerebyx (fosphenytoin)	PHL-Divalproex (valproic acid)
Clonapam (clonazepam)	PMS-Levetiracetam
Depakene (valproic acid)	Ratio-Valproic (valproic acid)
Diazepam	Taro-Phenytoin
Dilantin (phenytoin)	Tegretol (carbamazepine)
Epival (valproic acid)	Topamax (topimarete)



Valium Roche (Diazepam)

Zarontin (ethosuximide)

### ANTIDEPRESSANTS

Amineptine  
 Anafranil (clomipramine)  
 Apo-Amitriptyline  
 Apo-Clomipramine  
 Apo-Desipramine  
 Apo-Doxepin  
 Apo-Fluoxetine  
 Apo-Fluvoxamine  
 Apo-Imipramine  
 Apo-Moclobemide  
 Apo-Paroxetine  
 Apo-Nortriptyline  
 Apo-Sertraline  
 Apo-Trazodone  
 Apo-Trimip (trimipramine)  
 Asendin (amoxapine)  
 Aventyl (nortriptyline)  
 Celexa (citalopram hydrobromide)  
 Cipralext (escitalopram)  
 Desyrel (trazodone)  
 Effexor XR (venlafaxine)  
 Elavil (amitriptyline)  
 Etafron (amitriptyline, perphenazine)

Ludiomil (maprotiline)  
 Luvox (fluvoxamine)  
 Manerix (moclobemide)  
 Mirtazapine  
 Nardil (phenelzine)  
 Norpramin (desipramine)  
 Norventyl (nortriptyline)  
 Novo-Bupropion SR  
 Novo-Maprotiline  
 Novo-Tripamine (trimipramine)  
 Novo-venlafaxine XR (venlafaxine)  
 Parnate (tranylcypromine)  
 Paxil (paroxetine)  
 Prozac (fluoxetine)  
 Ran-Citalo (citalopram)  
 Rhotrimine (trimipramine)  
 Remeron (mirtazapine)  
 Sinequan (doxepin)  
 Tofranil (imipramine)  
 Triptil (protriptyline)  
 Wellbutrin-SR (bupropion)  
 Zolof (sertraline)

### ANTIDIABETICS

Albert Glyburine  
 Avandia (rosiglitazone)  
 Avandaryl (glimepiride, rosiglitazone)  
 Diabinese (chlorpropamide)  
 DiaBeta (glyburide)  
 Diamicon (gliclazide)  
 Euglucon (glyburide)  
 Glimepiride

GlucNorm (repaglinide)  
 Glumetza (metformin)  
 Glucobay (acarbose)  
 Glucophage (metformin)  
 Sandoz- Glimepiride  
 Sulfonylureas (chlorpropamide, gliclazide,  
 glimepiride, glyburide, tolbutamide)

### ANTIDIARRHEALS

Apo-Doxy (doxycycline)  
 Bacid (lactobacillus)  
 DDAVP (desmopressin acetate)  
 Gastrolytes (electrolytes, dextrose)  
 Imodium (loperamide)  
 Imodium Advanced (loperamide, simethicone)  
 Kaopectate (attapulgit)

Lomotil (diphenoxylate)  
 Loperacap (loperamide)  
 Maalox (aluminum, magnesium, simethicone)  
 Novo-Cholamine, -Light (cholestyramine resin)  
 Pepto Bismol (bismuth subsalicylate)  
 PHL-Loperamide (loperamide)



## ANTIFUNGALS

Antibiotics	Micatin (miconazole)
Amphotec (amphotericin B)	Monistat (miconazole)
Apo-Ketoconazole	Mycamine (micafungin sodium)
Cancidas (casposfungin acetate)	Mycostatin (nystatin)
Candistatin (nystatin)	Nizoral (ketoconazole)
Canesten (clotrimazole)	Nyaderm (nystatin)
Dequadin Oral Paint (dequalinium)	Oxizole (oxiconazole)
Diflucan, –150 (fluconazole)	Ratio-Nystatin
Ecostatin (econazole)	Spriafil (posaconazole)
Fluconazole	Sporanox (itraconazole)
Fulvicin U/F (griseofulvin)	Terbinafine
Fungizone (amphotericin)	ZeaSORB (chloroxylone)
Lamisil (terbinafine)	ZeaSORB AF (tolnaftate)
Loprox (ciclopirox)	

## ANTI-HISTAMINICS

<i>See also Cough and Cold Preparations and Decongestants</i>	Claritin plain (loratadine)
Actifed Tablets (triprolidine, pseudoephedrine)	Claritin Allergy and Sinus (loratadine, pseudoephedrine)
Aerius (desloratadine)	Coricidin (chlorpheniramine, ASA)
Allegra 12h, 24h (fexofenadine)	Diphenhydramine
Allegra D (fexofenadine, pseudoephedrine)	Dristan, Extra Strength (acetaminophen, pheniramine, phenylephrine)
Allernix (diphenhydramine)	Drixoral (dextbrompheniramine, pseudoephedrine)
Allerdyl (diphenhydramine)	Emadine (emedastine)
Apo-Cetirizine	Liberator (loratadine, pseudoephedrine)
Apo-Loratadine	Loratadine
Atarax (hydroxyzine)	Optimine (azatadine)
Benadryl (diphenhydramine)	Panectyl (trimeprazine)
Benadryl Allergy/Sinus/Headache (acetaminophen, diphenhydramine, pseudoephedrine)	Periactin (cyproheptadine)
Benadryl Extra Strength Nighttime (diphenhydramine)	Phenergan tablets (prometazine)
Brompheniramine	Promethazine Hydrochloride Injection USP
Caladryl (calamine, diphenhydramine)	Reactine (cetirizine)
Chlorpheniramine	Sinutab Sinus and Allergy, Extra Strength (acetaminophen, chlorpheniramine, pseudoephedrine)
Chlor-Tripolon (chlorpheniramine)	Vaponefrin (epinephrine)
Chlor-Tripolon Decongestant (chlorpheniramine, pseudoephedrine)	Zaditen (ketotifen)
Chlor-Tripolon ND (loratadine, pseudoephedrine)	Zyrtec (cetirizine)

## ANTI-HYPERTENSIVES

Adalat (nifedipine)	Apo-Diltiaz
Altace (ramipril)	Apo-Hydralazine
Apo-Benazepril	Apo-Methyldopa
Apo-Clonidine	Apo-Nifed PA (nifedipine)



APO-Perindopril	Monopril (fosinopril)
Apo-Ramipril (ramipril)	Nifedipine PA
Apo-Verap (verapamil)	Nipride (sodium nitroprusside)
Apresoline (hydralazine)	Novo-Hylazin (hydralazine)
Atacand (candesartan cilexetil)	Novo-Ramipril
Avapro (irbesartan)	Novo-Veramil, -SR (verapamil)
Capoten (captopril)	Nu-Capto (captopril)
Catapres (clonidine)	Nu-Diltiaz-CD (diltiazem)
Chronovera (verapamil)	Nu-Hydral (hydralazine)
CO Cilazapril	Nu-Prazo (prazosin)
Coversyl (perindopril)	Nu-Verap (verapamil)
Cozaar (losartan)	Plendil (felodipine)
Diovan (valsartan)	Prinivil (lisinopril)
Hyperstat IV Injection (diazoxide)	Ratio-Captopril
Inhibace (cilazapril)	Ran-Fosinopril
Isoptin (verapamil)	Ratio-Lisinopril
Loniten (minoxidil)	Sandoz- Enalapril
Lotensin (benazepril)	Sandoz-Ramipril
Mavik (trandolapril)	Verelan (verapamil)
Micardis (telmisartan)	Zestril (lisinopril)
Minipress (prazosin)	

### ANTI-INFLAMMATORIES

*All non-steroidal anti-inflammatories are permitted*

Apo-Nabumetone	Pamprin Ibuprofen Formula (ibuprofen)
Apo-Phenylbutazone	Pentasa (5-ASA)
Asacol (5-ASA)	Plaquenil (hydroxychloroquine)
Dipentum (olsalazine)	Quintasa (5-ASA)
Indocid P.D.A. (indomethacine)	Ratio-Sulfasalazine
Indocin (indomethacine)	Relafen (nabumetone)
Mesasal (ASA enteric coated)	Salazopyrin, En-Tabs (sulfasalazine)
Mezavant (mesalazine)	Salofalk (5-ASA)
Naprelan (naproxen)	Viva ASA (ASA)

### ANTIMIGRAINE

Amerge (naratriptan)	Migranal (dihydroergotamine)
Cafegot, -PB (belladonna)	Ratio-Tecnal (ASA, butalbital)
Dihydroergotamine (DHE)	Ratio-Tecnal –C1/4, -C1/2 (ASA, butalbital, codeine)
Ergodryl (ergotamine)	Sandomigran, -DS (pizotifen)
Ergomar (ergotamine)	Sansert (methylsergide)
Fiorinal (ASA, butalbital)	Sumatriptan
Fiorinal –C1/4, -C1/2 (ASA, codeine, butalbital)	Topiramate
Gravergol (ergotamine, dimenhydramine)	Trianal –C1/4, -C1/2 (ASA, codeine, butalbital)
Imitrex (sumatriptan)	Zomig (zolmitriptan)
Maxalt, -RPD (rizatriptan)	
Megral (ergotamine, cyclizine)	



### ANTINAUSEANTS/ANTIEMETICS

Anzemet (dolasetron)	Gravol (dimenhydrinate)
Apo-Dimenhydrinate	Kytril (granisetron)
Apo-Metoclop (metoclopramide)	Metoclopramide Hydrochloride Injection
Biltricide (praziquantel)	Metoclopramide Omega Injection
Bonamine (meclizine)	Ondansetron
Dimenhydrinate (suppositories, injection)	Vermox (mebendazole)
Dimenhydrinate Injection, -USP	Zofran, -ODT (ondansetron)
Emend, Tri-Pack (aprepitant)	

### ANTIPARASITIC

#### ANTHELMINTICS

Combantrin (pyrantel pamoate)  
Entacyl (piperazine)

#### ANTIPROTOZOALS

Flagyl (metronidazole)  
Florazole (metronidazole)  
Mepron (atovaquone)  
Pentacarinat (pentamidine)

#### ANTIMALARIALS

Daraprim (pyrimethamine)  
Lariam (mefloquine)  
Malarone (atovaquone)  
Paludrine (proguanil)  
Plaquenil (hydroxychloroquine)  
Primaquine  
Quinine Sulfate

### ANTISPASMODICS

Albert Oxybutynin	Kemadrin (procyclidine)
Apo-Oxybutynin	Levsin (hyoscyamine)
Apo-Temazepam	Lomine (dicyclomine)
Apo-Trihex (trihexyphenidyl)	Modulon (trimebutine)
Bentylol (dicyclomine)	Oxybutyn (oxybutynin)
Buscopan (hyoscine)	Unidet (tolterodine-tartrate)
Detrol (tolterodine)	Uromax (oxybutynin)
Ditropan (oxybutynin)	Urispas (flavoxate)
Formulex (dicyclomine)	Vesicare (solifenacin)
Ipratropium	

### ANTIPSYCHOTICS

Apo-Clozapine	Loxapine
Apo-Methoprazine (methotrimeprazine)	Majepil (thiopropazine)
Apo-Peram (perphenazine)	Methotrimeprazine
Apo-Prochlorazine	Navane (thiotixene)
Apo-Risperidone	Nozinan INJ (methotrimeprazine)
Chlorpromazine	Novo-Mepazine (methotrimeprazine)
Clopixol, - Acuphase (zuclopenthixol)	Novo-Olanzapine
Clozaril (clozapine)	Novo-Peridol (haloperidol)
Fluphenazine	Novo-Trifluzine (Trifluoperazine)
Haloperidol	Nu-Prochlor (prochlorazine)
Loxapac IM Injection (loxapine)	Perphenazine



Piportil (pipotiazine)  
 PMS-Levazine (perphenazine)  
 Prochlorperazine Mesylate INJ  
 Promazine HCL INJ  
 Risperda, - Consta, -M (risperidone)

Risperidone  
 Terfluzine (Trifluoperazine)  
 Trifluoperazine  
 Seroquel, -XR (quetiapine)  
 Zyprexa; -Zydis (olanzapine)

### ANTIVIRALS

Acyclovir  
 Apo-famciclovir  
 Atripla (emtricitabine, efavirenz, tenofovir disoproxil fumarate )  
 Beraclude  
 Combivir (lamivudine, zidovudine)  
 Cytovene (ganciclovir)  
 Denavir (penciclovir)  
 DPT Polio  
 DT Polio  
 Famvir (famciclovir)  
 Flu vaccine  
 Gammagard Liquid (immune globulin human)  
 Gardasil (HPV vaccine)  
 Hepagam B (hepatitis B immune globulin human)

Herplex-D (idoxuridine)  
 Immunization Injections (Hepatitis, polio, typhoid, tetanus)  
 Relenza (zanamivir)  
 Reyataz (atazanavir)  
 Sandoglobulin NF Liquid (immune globulin - human)  
 Sandoz-Trifluridine  
 Symmetrel (amantadine)  
 Tamiflu (oseltamivir)  
 Twinrix  
 Valtrex (valacyclovir)  
 Virazole (ribavirin)  
 Vivaglobin (immunoglobulin B - human)  
 Zovirax Oral (acyclovir)

### ANXIOLYTICS/SEDATIVES

Apo-Buspirone  
 Apo-Chlorax (chlordiazepoxide)  
 Apo-Clorazepate  
 Apo-Diazepam  
 Apo-Hydroxyzine  
 Apo-Zopiclone  
 Atarax (hydroxyzine)  
 Ativan (lorazepam)  
 BuSpar (buspirone)  
 Buspirex (buspirone)

Bustab (buspirone)  
 Diazemuls (diazepam)  
 Effexor XR (venlafaxine)  
 Imovane (zopiclone)  
 Librax (chlordiazepoxide)  
 Lorazepam  
 Ratio-Alprazolam  
 Serax (oxazepam)  
 Starnoc (zaleplon)  
 Valium Roche Oral (diazepam)

### CHOLESTEROL

Advicor (nicotinic acid, lovastatin)  
 Fenomax (fenofibrate)  
 Lipitor (atorvastatin)

Ran-Pravastatin (pravastatin sodium)  
 Sandroz- Fenofibrate (fenofibrate)

### CONTRACEPTIVES

#### *Permitted in females only*

Alesse 21, -28 (ethinyl estradiol, levonorgestrel)  
 Brevicon 0.5/35, -1/35 (ethinyl estradiol, norethindrone)  
 Cyclen (ethinyl estradiol, norgestimate)

Demulen-30 (ethinyl estradiol, ethynodiol diacetate)  
 Diane 35 (ethinyl estradiol, cyproterone acetate)  
 Ethinyl Estradiol



Evra (ethinyl estradiol, norelgestromin)  
 Levonorgestrel  
 Linessa 21, 28 (desogestrel, ethinyl estradiol)  
 Marvelon (ethinyl estradiol, desogestrel)  
 Min-Ovral 21, -28 (ethinyl estradiol, levonorgestrel)  
 Mirena (levonorgestrel)  
 Norethidrone  
 NuvaRing (ethinyl estradiol, etonogestrel)  
 Ortho 1/35, -0.5/35, -7/7/7 35 (ethinyl estradiol, norethidrone)

Plan B (levonorgestrel)  
 Portia 21, 28 (ethinyl estradiol, levonorgestrel)  
 Select 1/35 (ethinyl estradiol, norethidrone)  
 Synphasic (ethinyl estradiol, norethidrone)  
 Tri-cyclen, Low 21,-28 (ethinyl estradiol, norgestimate)  
 Triphasil 21, -28 (ethinyl estradiol, levonorgestrel)  
 Triquilar 21, -28 (ethinyl estradiol, levonorgestrel)  
 Yasmin 21, -28 (drospirenone, ethinyl estradiol)

## COUGH AND COLD PREPARATIONS

*See also Antihistaminics, Decongestants and Lozenges*

Balminil Codeine + Decongestant + Expectorant (codeine, guaifenesin, pseudoephedrine)  
 Balminil Codeine Night-Time + Expectorant (codeine, diphenhydramine, ammonium chloride)  
 Balminil Cough & Flu (acetaminophen, dextromethorphan, guaifenesin, pseudoephedrine)  
 Balminil DM (dextromethorphan)  
 Balminil DM + Decongestant (dextromethorphan, pseudoephedrine)  
 Balminil DM + Expectorant (dextromethorphan, guaifenesin)  
 Balminil DM + Decongestant + Expectorant (dextromethorphan, guaifenesin, pseudoephedrine)  
 Balminil Expectorant (guaifenesin)  
 Benylin 1 All-In-One Cold and Flu Day Night combination pack (*Day*: acetaminophen, dextromethorphan, pseudoephedrine; *Night*: acetaminophen, pseudoephedrine, diphenhydramine)  
 Benylin All-In-One Cold and Flu Nighttime (acetaminophen, chlorpheniramine, dextromethorphan, guaifenesin, pseudoephedrine)  
 Benylin 4 Flu (acetaminophen, dextromethorphan, guaifenesin, pseudoephedrine)  
 Benylin DM (dextromethorphan)  
 Benylin DM-D (dextromethorphan, pseudoephedrine)  
 Benylin DM-D-E, Extra Strength (dextromethorphan, guaifenesin, pseudoephedrine)  
 Benylin DM-E, Extra Strength (dextromethorphan, guaifenesin)

Benylin E Extra Strength (guaifenesin)  
 Buckley's Congestion and Cough (guaifenesin, menthol)  
 Buckley's Cough, Cold & Flu Daytime Relief Extra Strength (acetaminophen, dextromethorphan, pseudoephedrine)  
 Buckley's DM (dextromethorphan, pseudoephedrine)  
 Calmylin with Codeine (codeine, guaifenesin, pseudoephedrine)  
 Cheracol (codeine, guaifenesin)  
 Chest congestion, cough & cold syrup; Extra Strength (guaifenesin, pseudoephedrine, dextromethorphan)  
 Codeine  
 Codeine Phosphate  
 Cold and allergy liquid (phenylephrine, brompheniramine)  
 Cold and flu relief syrup (pseudoephedrine, dextromethorphan, acetaminophen, guaifenesin)  
 Cold Syrup; Extra Strength (phenylephrine, brompheniramine)  
 Contac Cold – Nasal Congestion (acetaminophen, chlorpheniramine, phenylephrine, pseudoephedrine)  
 Contac Cold & Sore Throat, Extra Strength (acetaminophen, phenylephrine hydrochloride)  
 Contac Cold & Sore Throat, Nighttime Extra Strength (phenylephrine hydrochloride, chlorpheniramine maleate, acetaminophen)  
 Contac Complete (acetaminophen, chlorpheniramine, dextromethorphan, phenylephrine)  
 Contac Cough, Cold & Flu Day (acetaminophen, dextromethorphan, pseudoephedrine)



Contac Head & Chest Congestion (guaifenesin, pseudoephedrine)	Neo Citran Thin Strips Cough and Cold (dextromethorphan, phenylephrine)
Cough Syrup DM Expectorant (guaifenesin, dextromethorphan)	Neo Citran Thin Strips Nighttime Cough and Cold (phenylephrine, diphenhydramine)Neo Citrin Nighttime Extra Strength Cold and Flu Liquid (acetaminophen, phenylephrine, diphenhydramine)
Dayquil (acetaminophen, dextromethorphan, pseudoephedrine)	Neo Tuss (chlorpheniramine, dextromethorphan, guaifenesin, phenylephrine)
Daytime Cold/Flu Medicine (dextromethorphan, acetaminophen, phenylephrine)	Nighttime Extra Strenght Contac Cold & Sore Throat (acetaminophen, chlorpheniramine, phenylephrine)
Delsym (dextromethorphan)	Novahistex DH (hydrocodone, phenylephrine)
Dextromethorphan	Phenylephrine
Dimetane Expectorant-C (brompheniramine, codeine, guaifenesin, phenylephrine)	Pseudoephedrine
Dimetapp Cold Liquid (brompheniramine, phenylephrine)	Ratio-Coristex DH (phenylephrine, hydrocodone)
Dimetapp Cold Liquid Dye-Free (brompheniramine, phenylephrine)	Ratio Cotridin (tripolidine, pseudoephedrine, codeine)
Dimetapp-C Syrup (brompheniramine, codeine, phenylephrine)	Ratio Cotridin Expektorant (tripolidine, pseudoephedrine, codeine, guaifenesin)
Dimetapp Cough & Congestion Liquid (dextromethorphan, guaifenesin, pseudoephedrine)	Robitussin, Extra Strength (guaifenesin)
Dimetapp Daytime Cold, Extra Strength (acetaminophen, pseudoephedrine)	Robitussin Honey Cough & Cold (dextromethorphan, pseudoephedrine)
Dimetapp DM Cough & Cold Liquid (brompheniramine, dextromethorphan, phenylephrine)	Robitussin Honey Cough DM (dextromethorphan)
Dimetapp DM Cough & Cold Liquid Dye-free (brompheniramine, dextromethorphan, phenylephrine)	Robitussin Honey Flu (acetaminophen, dextromethorphan, pseudoephedrine)
Dimetapp Nighttime Cold, Extra Strength (acetaminophen, chlorpheniramine, phenylephrine)	Robitussin Cough & Cold, Liqui-Gels, Extra Strength (dextromethorphan, guaifenesin, pseudoephedrine)
DM Cough and cold liquid: (phenylephrine, bromphedamine, dextromethorphan)	Robitussin Cough, Cold & Flu Liqui-Gels (acetaminophen, dextromethorphan, guaifenesin, pseudoephedrine)
DM Cough and cold syrup; Extra Strength (phenylephrine, bromphedamine, dextromethorphan)	Robitussin DM, Extra Strength (dextromethorphan, guaifenesin)
Dry cough syrup (dextromethorphan)	Sinutab Sinus Non Drowsy (acetaminophen, pseudoephedrine)
Extra Strenght Contac Cold & Sore Throat (phenylephrine, acetaminophen)	Sudafed Cold & Cough Extra Strength (acetaminophen, dextromethorphan, pseudoephedrine)
Formula 44 D (dextromethorphan, pseudoephedrine)	Sudafed Cold & Flu (acetaminophen, dextromethorphan, guaifenesin, pseudoephedrine)
Guaifenesin	Sudafed Head Cold & Sinus Extra Strength (acetaminophen, pseudoephedrine)
Histenol II (guaifenesin, dextromethorphan, phenylephedrine, acetaminophen)	Total Cold and Flu,- Extra Strength (pseudoephedrine, dextromethorphan, acetaminophen, guaifenesin)
Hycodan (hydrocodone)	Triaminic Cold & Cough (chlorpheniramine, dextromethorphan, pseudoephedrine)
Hycomine, -S (hydrocodone, phenylephrine)	Triaminic Cold, Cough & Fever (acetaminophen, chlorpheniramine, dextromethorphan, pseudoephedrine)
Hydrocodone	
Koffex DM (dextromethorphan)	
Neo Citran, Extra Strength (acetaminophen, pheniramine, phenylephrine)	



Triaminic Cold & Night Time Cough  
(chlorpheniramine, dextromethorphan,  
pseudoephedrine)

Triaminic Cough & Congestion (dextromethorphan,  
pseudoephedrine)

Triaminic Cough & Sore Throat (acetaminophen,  
dextromethorphan, pseudoephedrine)

Triaminic Nighttime cough and cold (phenylephrine,  
diphenhydramine)

Triaminic Softchews Cold & Cough  
(chlorpheniramine, dextromethorphan,  
pseudoephedrine)

Triaminic Softchews Throat Pain & Cough  
(acetaminophen, dextromethorphan,  
pseudoephedrine)

Triaminic Cough & Sore Throat Softchews  
(acetaminophen,  
dextromethorphan) Triaminic Vapor Patch  
(camphor, menthol, eucalyptus oil)

Tylenol cold and flu daytime (dextromethorphan,  
acetaminophen, phenylephrine)

Tylenol cold and flu nighttime (dextromethorphan,  
acetaminophen, phenylephrine,  
doxylamine)

Tylenol Cold Caplets (Daytime), - Extra Strength  
(acetaminophen, dextromethorphan,  
pseudoephedrine)

Tylenol Cold Caplets Nighttime, Extra Strength  
(acetaminophen, chlorpheniramine,  
dextromethorphan, pseudoephedrine)

Tylenol Cold, Regular Strength (phenylephrine,  
dextromethorphan, chlorpheniramine,  
acetaminophen)

Tylenol Cough (acetaminophen, dextromethorphan)

Tylenol Decongestant (acetaminophen,  
pseudoephedrine)

Tylenol Flu (acetaminophen, dextromethorphan,  
pseudoephedrine)

### CREAMS/OINTMENTS/LOTIONS/BALMS/SPRAYS

Benadryl Itch Relief Stick, -Spray (zinc acetate,  
diphenhydramine)

Bengay Arthritis Extra Strength (methyl salicylate,  
menthol)

Bengay Ice Extra Strength (menthol)

Bengay Muscle Pain Regular Strength (methyl  
salicylate, menthol)

Bengay Muscle Pain Ultra Strength (methyl  
salicylate, menthol, camphor)

Capsaicin

Caribbean Breeze Burn Relief (lidocaine)

Clinda-T (clindamycin)

Clotrimaderm (clotrimazole)

Dermatix Fitocream (extract of *T. vulgare*)

Dermatix Si Gel (polydimethylsiloxane, silicone dioxide)

Elidel (pimecrolimus)

Fucidin (fusidic acid)

Garamycin Topical Preparations

Gentamycin Sulfate

Ketoderm (ketokonazole)

Lidosporin Cream (polymyxin B, gramicidin,  
lidocaine)

MetroCream (metronidazole)

MetroGel (metronidazole)

Myoflex, deep therapy (triethanolamine salicylate)

Neosporin Ointment (polymyxin B)

Neotopic (polymyxin B, neomycin)

Noritrate (metronidazole)

Ozonol Preparations (Polymyxin B sulphate,  
bacitracin, lidocaine)

Pennsaid (diclofenac)

Polysporin Complete Antibiotic Ointment  
(bacitracin, gramicidin, lidocaine,  
polymyxin)

Polysporin Lip Treatment (pramoxine, allantoin)

Polysporin Preparations (polymyxin B, gramicidin or  
bacitracin)

Polysporin Plus Pain Relief Cream (polymyxin B,  
gramicidin, lidocaine)

Prevex (petrolatum)

Psoriasis Ointment (coal tar)

Raptiva (efalizumab)

Ratio-Gentamicin

Sarna-P (pramoxine)

Spectro Gram "2" (chlorhexidine)

Sun-Benz (benzylamine)

Tantum (benzylamine)

Teejel (choline salicylate)

Zovirax Cream, Ointment (acyclovir)

### DECONGESTANTS



*See also Antihistaminics and Cough and Cold Preparations*

Advil Cold and Sinus (ibuprofen, pseudoephedrine)  
 Advil Cold and Sinus Nighttime (chlorpheniramine, ibuprofen, pseudoephedrine)  
 Apo-Cromolyn Nasal Spray  
 Buckley's Sinus pain relief (acetaminophen, pseudoephedrine)  
 Cold and Sinus Caplets (ibuprofen)  
 Dayquil Sinus and Pain Relief (acetaminophen, pseudoephedrine)  
 Decongestant Nasal Mist/Spray (xylometazoline)  
 Dristan Long Lasting Nasal Mist/Spray (oxymetazoline)  
 Dristan Nasal Mist/Spray, Mentholated (pheniramine, phenylephrine)  
 Dristan ND, Extra Strength (acetaminophen, pseudoephedrine)  
 Drixoral Decongestant Nasal Spray (oxymetazoline)  
 Livostin Nasal Spray (levocabastine)

Mydrin (phenylephrine)  
 Neo Citran Extra Strength Sinus (acetaminophen, phenylephrine)  
 Otrivin Decongestant Nose Drops/Nasal Spray (xylometazoline)  
 Pseudoephedrine  
 Rhinaris Lubricating (polyethylene, propylene)  
 Rhinaris Saline Solution (sodium)  
 Salinex  
 Salinol  
 Secaris (carbowax, propylene)  
 Sudafed Decongestant (pseudoephedrine)  
 Tylenol Decongestant (acetaminophen, pseudoephedrine)  
 Tylenol Sinus, Extra Strength (acetaminophen, pseudoephedrine)  
 Vicks Sinez decongestant (oxymetazoline)  
 Xylometazoline

## EYE/EAR

Alcomycin (gentamycin)  
 Alocril (nedocrimil sodium)  
 Alomide (iodoxamide)  
 Auralgan (antipyrine, benzocaine)  
 Cetamide (sulfacetamide)  
 Cromolyn  
 Diochloram (chloramphenicol)  
 Diogent Ointment solution (gentamycin)  
 Diomycin (erythromycin)  
 Diopentolate (cyclopentolate)  
 Diophenyl-T (phenylephrine, tropicamide)  
 Diosulf (sulfacetamide)  
 Diotrope (tropicamide)  
 Duratears Naturale  
 Erythromycin  
 Eystil (sodium hyaluronate)  
 Eye-Stream (salt solution)  
 Garamycin Ophthalmic Otic Prep. (gentamicin)  
 Garasone Ophthalmic/Otic Prep. (gentamicin)  
 Garatec (gentamicin)  
 Gentamicin Sulfate  
 Genteal  
 Genteal geldrops  
 Hypotears Eye Ointment  
 Hypotears Ophthalmic S/L

Isopto Tears  
 Lacrinorm  
 Lidosporin Ear Drops  
 Lid-Pack  
 Liquifilm Tears  
 Livostin Eye Drops (levocabastine)  
 Naphcon (naphazoline)  
 Naphcon-A (naphazoline, pheniramine)  
 Naphcon Forte (naphazoline)  
 Neosporin Preparations (polymyxin B)  
 Noroxin Ophthalmic Solution (norfloxacin)  
 Ocufer (flurbiprofen)  
 Ocuflor (ofloxacin)  
 Opticrom (sodium cromoglycate)  
 Optimyxin, -Plus (polymyxin B)  
 Patanol (olopatadine)  
 Pentamycetin (chloramphenicol)  
 Polycidin Eye/Ear Drops (polymyxin B, bacitracin)  
 Polycidin Ophthalmic Ointment (polymyxin B, bacitracin)  
 Polysporin (antibiotic)  
 Polytrim (trimethoprim, polymyxin B)  
 Refresh Celluvisc (carboxymethylcellulose sodium)  
 Refresh Lacri-Lube S.O.P. (white petrolatum, mineral oil, lanolin alcohols)



Refresh Plus Tears  
 Refresh Ultra (boric acid, castor oil, glycerin)  
 Tobramycin  
 Tobrex (tobramycin)  
 Tomycine (tobramycin)

Visine Allergy Eye Drops (tetrahydrozoline, zinc sulfate)  
 Voltaren Optha (diclofenac)  
 V6Sol (benzethonium chloride)  
 Zyymar (gatifloxacin)

### GASTRIC ULCER

Apo-Cimetidine  
 Apo-Ranitidine  
 Axid (nizatidine)  
 Carafate (sucralfate)  
 Glycopyrrolate  
 Losec (omeprazole)  
 Losec 1-2-3-A (omeprazole, amoxicillin, clarithromycin)  
 Losec 1-2-3-M (omeprazole, clarithromycin, metronidazole)  
 Nizatidine  
 Nexium (esomeprazole)  
 Novo-Famotidine (famotidine)  
 Novo-Misoprostol  
 Nu-Cimet (cimetidine)

Nu-Ranit (ranitidine)  
 Panto IV (pantoprazole)  
 Pantoloc (pantoprazole)  
 Pariet (rabeprazole)  
 Pepcid AC (famotidine)  
 Pepcid, IV (famotidine)  
 Prevacid (lansoprazole)  
 Pylorid (ranitidine)  
 RAN-Rabeprazole  
 Sandoz-Omeprazole  
 Tagamet (cimetidine)  
 Ulcidine (famotidine)  
 Zantac, -Maximum strength nonprescription (ranitidine)

### HAIR LOSS

Avodart (dutasteride)  
 Dutasteride  
 Finasteride

Propecia (finasteride)  
 Proscar (finasteride)

### LAXATIVES

Apo-Bisacodyl  
 Benefibre (soluble fibre)  
 Colace (docusate sodium)  
 Dulcolax (bisacodyl)  
 Duphalac (lactulose crystals)  
 Ex-lax (sennosides)  
 Euro-docusate capsules (docusate sodium)  
 Glycerin suppositories  
 Klean-Prep  
 Lansoyl (mineral oil)  
 Limonade Aseptia (sodium tartrate)

Maalox (aluminum, magnesium, simethicone)  
 Metamucil (psyllium hydrophilic)  
 Milk of magnesia USP (magnesium hydroxide)  
 Normacol (sterculia)  
 Novo-Mucilax (plantago seed)  
 Phosphates Solution  
 PHL-Docusate Sodium  
 PHL-Sennosides  
 PMS-Sennosides  
 Senokot Preparation (sennosides)

### LOZENGES (THROAT)

Antiseptic Throat Lozenges (hexylresorcinol)  
 Bentasil Lozenges (anethole, menthol, eucalyptus)  
 Bradosol (4-hexylresorcinol)  
 Cepacol (cetylpyridinium)

Cepastat Lozenges (phenol)  
 Dequadin Lozenges (dequalinium)  
 Fisherman's Friend (menthol)  
 Halls (eucalyptus oil, menthol)



Strepsils (hexylresorcinol)  
 Sucrets, Sucrets Complete (dyclonine)

Sucrets DM Cough Suppressant  
 (dextromethorphan hydrobromide)

### MANIA THERAPY

*Lithium Salts*  
 Carbolith  
 Duralith

Lithane  
 Lithium

### MUSCLE RELAXANT

282 MEP (ASA, meprobamate)  
 Acetazone Forte (acetaminophen, chlorzoxazone)  
 Acetazone C8 (acetaminophen, chlorzoxazone,  
 codeine)  
 Apo-Baclofen  
 Apo-Cyclobenzaprine  
 Aspirin Backache (ASA, methocarbamol)  
 Dantrium Capsules (dantrolene)  
 Flexeril (cyclobenzaprine)  
 Glycopyrrolate  
 Lioresal (baclofen)  
 Liotec (baclofen)  
 Methoxacet (methocarbamol, acetaminophen)  
 Methoxacet-C (methocarbamol, acetaminophen,  
 codeine)  
 Methoxisal (methocarbamol, ASA)  
 Methoxisal-C (methocarbamol, ASA, codeine)  
 Norflex (orphenadrine)

Norgesic, -Forte (orphenadrine, ASA)  
 Novo-cycloprine (cyclobenzaprine)  
 Nu-Baclo (baclofen)  
 Parafon Forte (acetaminophen and  
 chlorzoxazone)  
 Ratio-Baclofen  
 Ratio-Cyclobenzaprine  
 Robaxacet, -Extra Strength (methocarbamol,  
 acetaminophen)  
 Robaxin, -750 (methocarbamol)  
 Robaxisal, -Extra Strength (methocarbamol,  
 ASA)  
 Robaxisal-C (methocarbamol, ASA, codeine)  
 Soma (carisoprodol)  
 Tylenol Aches and Strains (acetaminophen,  
 chlorzoxazone)

### PREMENSTRUAL SYNDROME AND DYSMENORRHEA

Estrace (estradiol)  
 Midol Regular, -Traditional (ASA, caffeine)  
 Midol Extra Strength (acetaminophen, caffeine,  
 pyrilamine)  
 Midol Night-time (methocarbamol, acetaminophen)

Midol Teen Complete (acetaminophen, caffeine,  
 pyrilamine)  
 Pamprin Ibuprofen Formula (ibuprofen)  
 PMS-Paroxetine (paroxetine)

### SEDATIVES

Apo-Alpraz (alprazolam)  
 Apo-Bromazepam  
 Nembutal (pentobarbital)  
 Novo-Alprazol (alprazolam)  
 Nu-Alpraz (alprazolam)  
 Nu-Loraz (lorazepam)  
 Nytol plain, Extra Strength (diphenhydramine)  
 PHL-Lorazepam (lorazepam)  
 PHL-Temazepam (temazepam)  
 PMS-Chloral Hydrate

Restoril (temezepam)  
 Serax (oxazepam)  
 Starnoc (zaleplon)  
 Tranxene (clorazepate)  
 Unisom Extra Strength/Extra Strength Sleepgels  
 (diphenhydramine)  
 Valium Roche Oral (diazepam)  
 Xanax (alprazolam)  
 Zopiclone



### SMOKING CESSATION AIDS

Champix (varenicline)  
Habitrol (nicotine)  
Nicoderm (nicotine)

Nicorette, -Plus (nicotine)  
Nicotrol (nicotine)  
Zyban (bupropion)

### VAGINAL

AVC (sulphanilamide)  
Betadine (povidone iodine)  
Canesten Vaginal (clotrimazole)  
Clotrimaderm (clotrimazole)  
Dolacin Vaginal Cream (clindamycin)  
Flagyl (metronidazole)  
Flagystatin (metronidazole, nystatin)  
Gynecure (tioconazole)

Micozole (miconazole)  
Monistat (miconazole)  
Mycostatin Vaginal Cream (nystatin)  
Nidagel (metronidazole)  
Nilstat (nystatin)  
Nyaderm (nystatin)  
Taro-Terconazole  
Terazol (terconazole)

### OTHER VARIOUS MEDICATIONS

Actonel (risedronate)  
Amatine (midodrine)  
Arava (Leflunomide)  
Cialis (tadalafil)  
Copaxone (glatiramer)  
Dicetel (pinaverium)  
Domperidone  
Dostinex (cabergoline)  
Duofilm (salicylic acid)  
Durolane (hyaluronic acid)  
Eltroxin (levothyroxine)  
Enbrel (etanercept)  
Euthyrox (levothyroxine)  
Imuran (azathioprine)  
Lipitor (atorvastatin)  
Loxapine

Methotrexate  
Ostenil (sodium hyaluronate)  
Parathormone (parathyroid)  
Ran-Tamsulosin  
Rofact (rifampin)  
Sandoz Alendronate (Alendronate sodium)  
Sandoz Tamsulosin  
Sebivo (telbivudine)  
Seroquel XR (quetiapine fumarate)  
Sterixin 0.05% (chlorhexidine gluconate)  
Strattera (atomoxetine)  
Synthroid (levothyroxine)  
Thyroid  
Vaniqa (eflornithine)  
Vinorelbine tartrate  
Zelnorm (tegaserod)

## 2.0 The 2009 WADA Prohibited List

The World Anti-Doping Agency (WADA) seeks to foster a doping-free culture in sport. It combines the resources of sport and government to enhance, supplement and coordinate existing efforts to educate athletes about the harms of doping, reinforce the ideal of fair play and sanction those who cheat themselves and their sport.

WADA created the World Anti-Doping Program which encompasses all the elements needed in order to ensure optimal harmonization and best practice in international and national anti-doping programs. It includes three main elements: The Code, International Standards and Models of Best Practices.

The purposes of the World Anti-Doping Program and the World Anti-Doping Code are:

- To protect athletes' fundamental right to participate in doping-free sport and thus promote health, fairness and equality for athletes worldwide; and
- To ensure harmonized, coordinated and effective anti-doping programs at the international and national level with regard to detection, deterrence and prevention of doping.

International Standards are developed for different technical and operational areas within an anti-doping program and their purpose is harmonization among Anti-Doping Organizations (ADO), such as the CCES and International Sport Federations, responsible for specific technical and operational parts of anti-doping programs. The International Standard for the Prohibited List was developed by the WADA List and Health, Medical and Research Committees based on extensive input from Signatories (entities signing the Code and agreeing to comply with the Code) and governments.

The principal purpose of the WADA Prohibited List is to establish under the rules of the World Anti-Doping Code the substances and methods which are prohibited in sport.

The Code (4.3) states:

*4.3 WADA shall consider the following criteria in deciding whether to include a substance or method on the Prohibited List.*

*4.3.1. A substance or method shall be considered for inclusion on the Prohibited List if WADA determines that the substance or method meets any two of the following three criteria:*

*4.3.1.1. Medical or other scientific evidence, pharmacological effect or experience that the substance or method, alone or in combination with other substances or methods, has the potential to enhance or enhances sport performance;*

*4.3.1.2. Medical or other scientific evidence, pharmacological effect or experience that the Use of the substance or method represents an actual or potential health risk to the athlete;*

*4.3.1.3. WADA's determination that the Use of the substance or method violates the spirit of sport described in the Introduction of the Code*

*4.3.2. A substance or method shall also be included on the Prohibited List if WADA determines there is medical or other scientific evidence, pharmacological effect or experience that the substance or method has the potential to mask the Use of other Prohibited Substances and Prohibited Methods.*

*4.3.3. WADA's determination of the Prohibited Substances and Prohibited Methods that will be included on the Prohibited List and the classification of substances into categories on the Prohibited List is final and shall not be subject to challenge by an Athlete or other Person based on an argument that the substance or method was not a masking agent or did not have the potential to enhance performance, represent a health risk, or violate the spirit of sport.*

The following is extracted from 2009 WADA Prohibited List. It is divided in the following sections:

- Substances (S) and Methods (M) Prohibited at all times (In- and Out-of-Competition)
- Substances (S) and Methods (M) Prohibited In-Competition
- Substances Prohibited in Particular Sports
- Specified Substances
- The 2009 Monitoring Program.

For specific examples of Prohibited Substances, refer to Section 3.0.

Although most national sport governing bodies and international sport federations prohibit the use of substances and methods outlined by WADA, it is important to note that some of the Prohibited Substances may vary from sport to sport. It is the athlete's responsibility to know their sport's anti-doping regulations. In cases of uncertainty, it is recommended to check with the appropriate relevant governing body and/or international sport federations.

## **SUBSTANCES (S) AND METHODS (M) PROHIBITED AT ALL TIMES (IN- AND-OUT-OF-COMPETITION)**

### **PROHIBITED SUBSTANCES**

#### **S1. Anabolic agents**

Anabolic agents are prohibited.

##### **1. Anabolic Androgenic Steroids (AAS)**

###### **a) Exogenous<sup>1</sup> Anabolic Androgenic Steroids**

Exogenous AAS and other substances with similar chemical structure or similar biological effect(s), including but not limited to those identified by "S1.1a", are prohibited.

###### **b) Endogenous<sup>2</sup> Anabolic Androgenic Steroids when administered exogenously**

Endogenous AAS as well as their metabolites and isomers, including but not limited to those identified by "S1.1b", are prohibited.

Where an anabolic androgenic steroid is capable of being produced endogenously, a Sample will be deemed to contain such Prohibited Substance and an *Adverse Analytical Finding* will be reported where the concentration of such Prohibited Substance or its metabolites or markers and/or any other relevant ratio(s) in the Athlete's Sample so deviates from the range of values normally found in humans that it is unlikely to be consistent with normal endogenous production. A Sample shall not be deemed to contain a Prohibited Substance in any such case where an Athlete proves that the concentration of the Prohibited Substance or its metabolites or markers and/or the relevant ratio(s) in the Athlete's Sample is attributable to a physiological or pathological condition.

In all cases, and at any concentration, the Athlete's sample will be deemed to contain a Prohibited Substance and the laboratory will report an Adverse Analytical Finding if, based on any reliable analytical method (e.g., IRMS), the laboratory can show that the Prohibited Substance is of exogenous origin. In such case, no further investigation is necessary.

<sup>1</sup> Exogenous refers to a substance which is not ordinarily capable of being produced by the body naturally.

<sup>2</sup> Endogenous refers to a substance which is capable of being produced by the body naturally.

When a value does not so deviate from the range of values normally found in humans and any reliable analytical method (e.g. IRMS) has not determined the exogenous origin of the substance, but if there are indications, such as a comparison to endogenous reference steroid profiles, of a possible *Use of a Prohibited Substance*, or when a laboratory has reported a T/E ratio greater than four (4) to one (1) and any reliable analytical method (e.g. IRMS) has not determined the exogenous origin of the substance, further investigation shall be conducted by the relevant *Anti-Doping Organization* by reviewing the results of any previous test(s) or by conducting subsequent test (s).

When such further investigation is required the result shall be reported by the laboratory as atypical and not adverse. If a laboratory reports, using an additional reliable analytical method (e.g. IRMS), that the *Prohibited Substance* is of exogenous origin, no further investigation is necessary, and the *Sample* will be deemed to contain such *Prohibited Substance*. When an additional reliable analytical method (e.g. IRMS) has not been applied, and the minimum of three previous test results are not available, a longitudinal profile of the *Athlete* shall be established by performing three no-advance notice tests in a period of three months by the relevant *Anti-Doping Organization*. The result that triggered this longitudinal study shall be reported as atypical. If the longitudinal profile of the *Athlete* established by the subsequent tests is not physiologically normal, the result shall then be reported as an *Adverse Analytical Finding*.

In extremely rare individual cases, boldenone of endogenous origin can be consistently found at very low nanograms per millilitre (ng/mL) levels in urine. When such a very low concentration of boldenone is reported by a laboratory and the application of any reliable analytical method (e.g., IRMS) has not determined the exogenous origin of the substance, further investigation may be conducted by a review of previous tests or by conducting subsequent test(s).

For 19-norandrosterone, an Adverse Analytical Finding reported by a laboratory is considered to be scientific and valid proof of exogenous origin of the Prohibited Substance. In such case, no further investigation is necessary.

Should an Athlete fail to cooperate in the investigations, the Athlete's Sample shall be deemed to contain a Prohibited Substance.

## 2. Other Anabolic Agents

Other anabolic agents, including but not limited to:

- Clenbuterol, selective androgen receptor modulators (SARMs), tibolone, zeranol, zilpaterol (identified by "S1.2")

## S2. Hormones and Related Substances

The following substances and their releasing factors, are prohibited:

- Erythropoiesis – Stimulating Agents (e.g. erythropoietin (EPO), darbepoietin (dEPO), hematide) (identified by "S2.1");
- Growth hormone (hGH), Insulin-like Growth Factors (e.g. IGF-1), Mechano Growth Factors (MGFs) (identified by "S2.2");
- Chorionic Gonadotrophins (CG) and Luteinizing Hormone (LH) in males (identified by "S2.3");
- Insulins (identified by "S2.4");
- Corticotrophins (identified by "S2.5");
- And other substances with similar chemical structure or similar biological effect(s).

Unless the Athlete can demonstrate that the concentration was due to a physiological or pathological condition, a Sample will be deemed to contain a Prohibited Substance (as listed above) where the concentration of the Prohibited Substance or its metabolites and/or relevant ratios or markers in the Athlete's Sample satisfies positivity criteria established by WADA or otherwise so exceeds the range of values normally found in humans so as not to be consistent with normal endogenous production.

If a laboratory reports, using a reliable analytical method, that the Prohibited Substance is of exogenous origin, the Sample will be deemed to contain a Prohibited Substance and shall be reported as an Adverse Analytical Finding.

### S3. Beta-2 Agonists

All Beta-2 agonists, including their D- and L- isomers are prohibited.

Therefore, formoterol, salbutamol, salmeterol and terbutaline when administered by inhalation also require a Therapeutic Use Exemption in accordance with the relevant section of the International Standard for Therapeutic Use Exemptions.

Despite the granting of a Therapeutic Use Exemption, the presence of salbutamol in urine in excess of 1000 ng/mL will be considered an Adverse Analytical Finding unless the Athlete proves, through controlled pharmacokinetic study, that the abnormal result was the consequence of the therapeutic use of inhaled salbutamol.

### S4. Hormone Antagonists and Modulators

The following classes are prohibited:

- Aromatase Inhibitors, including but not limited to those identified by "S4.1", are prohibited: anastrozole, letrozole, aminoglutethimide, exemestane, formestane, testolactone.
- Selective Estrogen Receptor Modulators (SERMs), including but not limited to those identified by "S4.2", are prohibited: raloxifene, tamoxifen, toremifene.
- Other anti-estrogenic substances, including but not limited to those identified by "S4.3", are prohibited: clomiphene, cyclofenil, fulvestrant.
- Agents modifying myostatin function(s) including but not limited to: myostatin inhibitors.

### S5. Diuretics and Masking Agents

Masking agents are prohibited. They include:

**Diuretics, probenacid, plasma expanders** (e.g. intravenous administration of **albumin, dextran, hydroxyethyl starch and mannitol**) and other substances with similar biological effect(s).

Diuretics include:

**Acetazolamide, amiloride, bumetanide, canrenone, chlorthalidone, etacrynic acid, furosemide, indapamide, metolazone, spironolactone, thiazides** (e.g. **bendroflumethiazide, chlorothiazide, hydrochlorothiazide**), **triamterene**, and other substances with a similar chemical structure or similar biological effect(s) (except for drosperinone and drosperinone and topical dorzolamide and brinzolamide, which are not prohibited).

A Therapeutic Use Exemption is not valid if an *Athlete's* urine contains a diuretic in association with threshold or sub-threshold levels of an exogenous *Prohibited Substance(s)*.

## PROHIBITED METHODS

### M1. Enhancement of oxygen transfer

The following are prohibited:

- a. Blood doping including the use of autologous, homologous or heterologous blood or red blood cell products of any origin.
- b. Artificially enhancing the uptake, transport or delivery of oxygen, including but not limited to perfluorochemicals, efaproxiral (RSR13) and modified haemoglobin products (e.g., haemoglobin-based blood substitutes, microencapsulated haemoglobin products).

### M2. Chemical and Physical Manipulation

- a. Tampering, or attempting to tamper, in order to alter the integrity and validity of Samples collected in Doping Controls is prohibited. These include but not limited to catheterisation, urine substitution and/or alteration.
- b. Intravenous infusions are prohibited except in the management of surgical procedures, medical emergencies or clinical investigations.

### M3. Gene doping

The transfer of cells or genetic elements or the use of cells, genetic elements or pharmacological agents to the modulating expression of endogenous genes having the capacity to enhance athletic performance, is prohibited.

Peroxisome Proliferator Activated Receptor  $\delta$  (PPAR  $\delta$ ) agonists (e.g. GW 1516) and PPAR  $\delta$ -AMP-activated protein kinase (AMPK) axis agonists (e.g. AICAR) are prohibited.

## SUBSTANCES (S) AND METHODS (M) PROHIBITED IN-COMPETITION

### S6. Stimulants

All stimulants (including both their (D- & L-) optical isomers where relevant) are prohibited, except imidazole derivatives for topical use and those stimulants included in the 2009 Monitoring Program<sup>3</sup>.

Stimulants include:

#### a) Non Specified Stimulants:

Adrafinil,, amfepramone, amiphenazole, amphetamine, amphetaminil, benzphetamine, benzylpiperazine, bromantan, , clobenzorex, cocaine, cropropamide, crotetamide, dimethylamphetamine, , etilamphetamine, famprofazone, fencamine, fenetylline, fenfluramine, fenproporex, furfenorex, mefenorex, mephentermine, mesocarb, methamphetamine (D-), methylenedioxyamphetamine, methylenedioxymethamphetamine, p-methylamphetamine, modafinil, norfenfluramine, phendimetrazine, phenmetrazine, phenpromethamine, phentermine, 4-phenylpiracetam (carphedon), prolintane. A stimulant not expressly listed in this section is a Specified Substance.

#### b) Specified Stimulants (examples):

Adrenaline<sup>4</sup>,cathine<sup>5</sup>, ephedrine<sup>6</sup>, etimivan; etilefrine; fenutrazate, fencamfamin, heptaminol, isometheptene; levmetamphetamine; meclofenoxate, methlephedrine<sup>6</sup>, methylphenidate, nikethamide, norfenefrine, octopamine, oxilofrine, parahydroxyamphetamine, pemoline,

<sup>3</sup> The following substances included in the 2009 Monitoring Program (bupropion, caffeine, phenylephrine, phenylpropanolamine, pipradol, pseudoephedrine, synephrine) are not considered as *Prohibited Substances*.

pentetrazol, phenpromethamine, propylhexedrine, selegiline, sibutramine, strychnine, tuaminoheptane and other substances with similar chemical structure or similar biological effect(s).

#### **S7. Narcotics**

Narcotics, identified by “S7.”, are prohibited: Buprenorphine, dextromoramide, diamorphine (heroin), fentanyl and its derivatives, hydromorphone, methadone, morphine, oxycodone, oxymorphone, pentazocine, pethidine.

#### **S8. Cannabinoids**

Cannabinoids (e.g., marijuana, hashish) are prohibited.

#### **S9. Glucocorticosteroids**

All glucocorticosteroids, are prohibited when administered by oral, intravenous, intramuscular or rectal routes.

In accordance with the International Standard for Therapeutic Use Exemptions, a declaration of use must be completed by the *Athlete* for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes except as noted below.

Topical preparations when used for auricular, buccal, dermatological (including iontophoresis/phonophoresis), gingival, nasal, ophthalmic and perianal disorders are not prohibited and neither require a Therapeutic Use Exemption nor a declaration of use.

Substances of this type are identified in Section 3.0, Prohibited Substances, with a ⚡.

Table 1: Status of glucocorticosteroids based on routes of administration <sup>4</sup>

Route of administration	Prohibited Require a TUE	Require a Declaration of Use $\neq$	Not Prohibited
Oral (e.g., pill form)	●		
Rectal (e.g., suppository, enema, inside the anus)	●		
Intravenous injection	●		
Intramuscular injection	●		
Local injection		●	
Intra-articular injection		●	
Inhalation (e.g., pump)		●	
Periarticular		●	
Peritendinous		●	
Epidural		●	
Intradermal		●	
Aural (e.g., ear drop)			●
Buccal cavity			●
Nasal (e.g., nasal spray)			●
Ophthalmic (e.g., eye drops)			●
Topical (e.g., cream, lotion, ointment, iontophoresis/phonophoresis)			●
Gingival (i.e., the gums)			●
Perianal (i.e., around the anus)			●

## SUBSTANCES PROHIBITED IN PARTICULAR SPORTS

### P1. Alcohol

Alcohol (ethanol), identified by “P1.” is prohibited in-competition only, in the following sports. Detection will be conducted by analysis of breath and/or blood. The doping violation threshold (haematological values) is 0.10 g/L.

- Aeronautic (FAI)
- Archery (FITA, IPC)
- Automobile (FIA)
- Boules (IPC bowls)
- Karate (WKF)
- Modern Pentathlon (UIPM) (for disciplines involving shooting)
- Motorcycling (FIM)
- Ninepin and Tenpin Bowling (FIQ)

<sup>4</sup> This table is a summary of information in the WADA Prohibited List, compiled by the CCES.

- Powerboating (UIM)

## P2. Beta-Blockers

Unless otherwise specified, beta-blockers, including but not limited to those identified by “P2.”, are prohibited in competition only, in the following sports:

- Aeronautic (FAI)
- Archery (FITA, IPC) (also prohibited out-of-competition)
- Automobile (FIA)
- Billiards and Snooker (WCBS)
- Bobsleigh (FIBT)
- Boules (CMSB, IPC bowls)
- Bridge (FMB)
- Curling (WCF)
- Golf (IGF)
- Gymnastics (FIG)
- Modern Pentathlon (UIPM) (for disciplines involving shooting)
- Motorcycling (FIM)
- Ninepin Bowling and Tenpin Bowling (FIQ)
- Powerboating (UIM)
- Sailing (ISAF) (for match race helms only)
- Shooting (ISSF, IPC) (also prohibited out-of-competition)
- Skiing/Snowboarding (FIS) (in ski jumping, free style aerials/halfpipe and snowboard halfpipe/big air)
- Wrestling (FILA)

Beta-blockers include, but are not limited to, the following:

Acebutolol, alprenolol, atenolol, betaxolol, bisoprolol, bunolol, carteolol, carvedilol, celiprolol, esmolol, labetalol, levobunolol, metipranolol, metoprolol, nadolol, oxprenolol, pindolol, propranolol, sotalol, timolol.

## SPECIFIED SUBSTANCES

WADA states that “the Prohibited List may identify specified substances which are particularly susceptible to unintentional anti-doping rule violations because of their general availability in medicinal products or which are less likely to be successfully abused as doping agents. Where an athlete can establish that the use of such a specified substance was not intended to enhance sport performance, a doping violation may result in a reduced sanction.”

The WADA Code (4.2.2) states: “*For the purposes of the application of Article 10 (Sanctions on Individuals), all Prohibited Substances shall be “Specified Substances” except substances in the classes of anabolic agents and hormones and those stimulants and hormone agonists and modulators so identified on the Prohibited List. Prohibited Methods shall not be Specified Substances.*”

**THE 2009 MONITORING PROGRAM**

The WADA Code (4.5) states “WADA, in consultation with other Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport.”

The following substances are placed on the 2009 Monitoring List:

- **Stimulants<sup>5</sup>:** ***In-Competition Only:*** Bupropion, caffeine, phenylephrine, phenylpropanolamine, pipradrol, pseudoephedrine, synephrine
- **Narcotics:** ***In-Competition Only:*** morphine/codeine ratio

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<sup>5</sup> These stimulants are not considered to be Prohibited Substances.



### 3.0 Prohibited Substances





The following is a **non-exhaustive** list in alphabetical order of Prohibited Substances. It includes substances that are prohibited in particular sports only and those that require an Abbreviated Therapeutic Use Exemption (refer to Section 4.0, Therapeutic Use Exemptions.) Please note that this **non-exhaustive** list does not contain any examples of Prohibited Methods.

Generic medicines are often named by the abbreviation of the company followed by the chemical name of the substance e.g., Apo-, CO-, Depo-, Gen-, Lin-, Neo-, Novo-, Nu-, PMS-, Ratio-, Rho-, Riva-, Sab-, Sandoz-, Solu-, and Taro-. For example, Apo-Salbutamol is salbutamol.

The first letter and number (e.g., S8) indicate the class of Prohibited Substances the product falls into (as described in Section 2.0 of this booklet.) Generic names or non-proprietary names are written in normal text and brand names are in **bold**. For each brand name the Prohibited Substance is indicated in (brackets.)

S1.1a. †1-testosterone	S6. <b>Adderall XR</b> (amphetamine)
S1.1a. 1-androstendiol	S6. Adrafinil
S1.1a. 1-androstenedione	S6. <b>Adrenalin</b> (epinephrine)
S7. 3-methylfentanyl	S6. Adrenaline
S1.1b. †4-androstenedione	S2.5. Adrenocorticotrophin
S1.1a. †4-hydroxy-19-nortestosterone	S3/S9.   <b>Advair Diskus/Inhalation Aerosol</b> (salmeterol, fluticasone)
S1.1a. †4-hydroxytestosterone	S3.   <b>Airomir</b> (salbutamol)
S6. 4-phenylpiracetam	S5. Albumin
S1.1b. † <b>5AD-androstenediol</b> (androstenediol)	S5. <b>Albuminar</b> (albumin)
S1.1b. † 5-androstenedione	S5. <b>Albutein</b> (albumin)
S5. <b>6 Extran 70 in 0.9 sodium chloride injection</b> (dextran)	S3.   Albuterol
S5. <b>10 Extran 40 in 0.9 sodium chloride injection</b> (dextran)	P1. Alcohol
S5. <b>10 Extran 40 in dextrose injection</b> (dextran)	S5. <b>Aldactone</b> (spironolactone)
S1.1a. †19-norandrostenediol	S5. <b>Aldactazide -25, -50</b> (hydrochlorothiazide, spironolactone)
S1.1a. †19-norandrostenedione	S6. <b>Alertec</b> (modafinil)
S6. <b>A2</b> (benzylpiperazine)	S7. <b>Alfenta</b> (alfentanil)
S5. <b>Accuretic</b> (hydrochlorothiazide)	S7. Alfentanil
P2. Acebutolol	S5. <b>Almizide</b> (amiloride, hydrochlorothiazide)
S5. Acetazolam	S7. Alpha-methylfentanyl
S5. Acetazolamide	P2. Alprenolol
S2.5. ACTH	S5. Altace-HCT (hydrochlorothiazide)
S2.5. <b>Acthar</b> (corticotrophin)	S9.   <b>Alvesco</b> (ciclesonide)
S6. Adam	S9.   Amcinonide
	S6. Amfepramone

#### Legend

-  Athletes must submit a Declaration of Use. See Section 4.0, Therapeutic Use Exemptions.
-  The status of this substance depends on the route of its administration. Verify requirements using Table 1 on page 27.
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S6.	Amfetamine	S3.	<b>Apo-Salvent Ipravent Sterrules</b> (salbutamol)
S6.	Amfetaminil	S4.2.	<b>Apo-Tamox</b> (tamoxifen)
S6.	† <b>Amidrine</b> (isometheptene)	S2-1.	<b>Aranesp</b> (erythropoietin)
S6.	Amifenazole	S4.1.	<b>Arimidex</b> (anastrozole)
S5.	<b>Ami-Hydro</b> (amiloride, hydrochlorothiazide)	S9.	<b>Aristocort</b> (triamcinolone)
S5.	Amiloride	S9.	<b>Aristospan</b> (triamcinolone)
S4.1.	Aminoglutethimide	S4.1.	<b>Aromasin</b> (exemestane)
S6.	Amiphenazole	S4.1.	Aromatase Inhibitors
S5.	Amipramizide	S5.	<b>Atacand Plus</b> (hydrochlorothiazide)
S6.	Amphetamine	P2.	Atenolol
S6.	Amphetaminil	S5.	<b>Avalide</b> (hydrochlorothiazide)
S1.1a.	† <b>Anadur</b> (nandrolone)	S9.	<b>Avamys</b> (fluticasone)
S4.1.	Anastrozole	S9.	<b>Barriere HC</b> (hydrocortisone)
S1.1a.	† <b>Anavar</b> (oxandrolone)	S9.	Beclomethasone
S1.1b.	<b>Andriol</b> (testosterone)	S5.	Bendrofluazide
S1.1b.	<b>Androderm</b> (testosterone)	S5.	Bendroflumethiazide
S1.1b.	† <b>Androdiol</b> (androstenediol)	S5.	<b>Benuryl</b> (probenecid)
S1.1a.	Androfurazanол	S6.	Benzfetamine
S1.1b.	<b>AndroGel</b> (testosterone)	S5.	Benzhydrofluemethiazide
S1.1a.	† <b>Android</b> (methyltestosterone)	S6.	Benzphetamine
S1.1a.	† <b>Androlone-D</b> (nandrolone)	S6.	Benzpiperazine
S1.1b.	Androstanolone	S3.	<b>Berotec Inhalation Aerosol/Solution</b> (fenoterol)
S1.1b.	† <b>Androstene, -50, -100</b> (androstenedione)	S9.	<b>Betaderm</b> (betamethasone)
S1.1b.	Androstenediol	P2.	<b>Betagan</b> (levobunolol)
S1.1b.	Androstenedione	S9.	<b>Betaject</b> (betamethasone)
S9.	<b>Anodan HC</b> (hydrocortisone)	P2.	<b>Betaloc</b> (metoprolol)
S9.	<b>Anugestic HC</b> (hydrocortisone)	S9.	Betamethasone
S9.	<b>Anusol HC</b> (hydrocortisone)	P2.	Betaxolol
S5.	<b>Apo-Atenidone</b> (atenolol, chlortalidone)	S9.	<b>Betnesol</b> (betamethasone)
S5.	<b>Apo-Cilazapril/HCTZ</b> (hydrochlorothiazide)	P2.	<b>Betoptic S</b> (betaxolol)
S5.	<b>Apo-Hydro</b> (hydrochlorothiazide)	S6.	<b>Biphentin</b> (methylphenidate)
S9.	<b>Apo-Fluticasone</b> (fluticasone)	P2.	Bisoprolol
P2.	<b>Apo-Labetalol</b> (labetalol)	S9.	<b>Blephamide</b> (prednisolone)
S5.	<b>Apo-Methazide</b> (hydrochlorothiazide)	S1.1a.	Bolandiol
S6.	<b>Apo-Methylphenidate SR</b> (methylphenidate)	S1.1a.	Bolasterone
S6.	<b>Apo-Methylphenidate</b> (methylphenidate)P2. <b>Apo-Metoprolol SR</b> (metoprolol tartrate)	S1.1a.	Boldenone
P2.	<b>Apo-Nadolol</b> (nadolol)	S1.1a.	Boldione
		P2.	<b>Brevibloc</b> (esmolol)

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S3. <b>Bricanyl Turbuhaler</b> (terbutaline)	S4.3. <b>Clomid</b> (clomiphene)
S6. Bromantan	S4.3. Clomiphene
S9.   Budesonide	S1.1a. Clostebol
S5. <b>Buminat</b> (albumin)	S6. Cocaine
S5. Bumetanide	S3. <b>Combivent Inhalation</b> (salbutamol)
P2. Bunolol	S6. <b>Concerta</b> (methylphenidate)
S7. † <b>Buprenex</b> (buprenorphine)	S6. <b>Cophylac</b> (hydroxyephedrine/xilofrine)
S7. Buprenorphine	P2. <b>Coreg</b> (carvedilol)
S5. <b>Burinex</b> (bumetanide)	P2. <b>Corgard</b> (nadolol)
S6. <b>BZP</b> (benzylpiperazine)	S9. <b>Cortef</b> (hydrocortisone)
S1.1a. Calusterone	S9. <b>Cortenema</b> (hydrocortisone)
S8. Cannabinoids	S2.5. Corticotrophin
S5. Canrenone	S2.5. Corticotropin
S6. Carfedon	S9. <b>Cortifoam</b> (hydrocortisone)
S7. Carfentanil	S9. <b>Cortimyxin</b> (hydrocortisone)
S6. † <b>Carnigen</b> (oxilofrine)	S9.   Cortisone
S6. Carphedon	S9. <b>Cortisporin</b> (hydrocortisone)
P2. Carteolol	S9. <b>Cortoderm</b> (hydrocortisone)
P2. Carvedilol	S2.5. <b>Cortrosyn</b> (corticotrophin)
S6. Cathine	S5. † <b>Corzide</b> (bendroflumethiazide)
S6. † <b>Catovit</b> (prolintane)	P2. <b>Cosopt</b> (timolol)
S9. <b>Celestoderm V, V/2</b> (betamethasone)	S5. <b>Coversyl Plus</b> (indapamide)
S9. <b>Celestone Soluspan</b> (betamethasone)	S6. Cropropamide
P2. Celiprolol	S9. <b>Cultivate</b> (fluticasone)
S6. † <b>Centrophenoxine</b> (meclofenoxate)	S6. Cyclazodone
S5. Chlorothiazide	S9. <b>Cyclocort Lotion/Ointment</b> (amcinonide)
S6. Chlorpropylamphetamine	S4.3. Cyclofenil
S5. Chlortalidone	S1.1a. <b>Cyclomen</b> (danazol)
S1.1a. Chlortestosterone	S6. † <b>Cylert</b> (pemoline)
S1/SD. Chlorthalidone	S4.1. † <b>Cytadren</b> (aminogluthetimide)
S2-3. Chorionic Gonadotrophin (hCG)	S6. D-amphetamine
S9. <b>Cipro HC</b> (hydrocortisone)	S1.1a. Danazol
S9. <b>Ciprodex</b> (dexamethasone)	S1.1a. † <b>Danocrine</b> (danazol)
S9. <b>Claritin Skin Itch Relief</b> (hydrocortisone)	S9. <b>Decadron</b> (dexamethasone)
S1.2. Clenbuterol	S1.1a. <b>Deca-Durabolin</b> (nandrolone)
S1.1b. <b>Climacteron</b> (testosterone)	S1.1a. Dehydrochloromethyltestosterone
S6. Clobenzorex	S1.1b. Dehydroepiandrosterone
S9. <b>Clobex Lotion, Shampoo</b> (clobetasol)	S1.1b. <b>Delatestryl</b> (testosterone)
S9.   Clobetasol	
S9.   Clobetasone	

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S1.1a. Delta1-androstene-3,17-dione	S6. Dimethylamphetamine
S1.1a. Delta1-androstenediol	S1.1a. † <b>Dimetrioise</b> (gestrinone)
S1.1a. Delta1-dihydro-testosterone	S1.1b. † <b>Diol-4</b> (androstenediol)
S7. <b>Demerol</b> (pethidine)	S9. ⚠️ <b>Diopred</b> (prednisolone)
S6. Deprenyl	S9. ⚠️ <b>Diprolene</b> (betamethasone)
S9. ⚠️ <b>Derma-Smoothe/FS</b> (fluocinolone acetonide)	S9. ⚠️ <b>Diprosalic</b> (betamethasone)
S9. ⚠️ <b>Dermasone</b> (clobetasol)	S9. ⚠️ <b>Diprosone</b> (betamethasone)
S9. ⚠️ <b>Dermatop</b> (prednicarbate)	S7. † <b>Dolophine</b> (methadone)
S1.1a. <b>Dermonal</b> veterinary (methyltestosterone)	S9. ⚠️ <b>Dovobet</b> (betamethasone)
S9. ⚠️ <b>Dermovate Cream/Ointment</b> (clobetasol)	S1.1a. Dromostanolone
S9. ⚠️ <b>Desocort Cream/Ointment</b> (desonide)	S1.1a. Drostanolone
S9. ⚠️ Desonide	S1.1b. † <b>Duogex</b> (testosterone)
S9. ⚠️ Desoximetasone	P2. <b>DuoTrav</b> (timolol)
S6. Desoxyephedrine	S3. ⚠️⚠️⚠️ <b>Duovent UDV</b> (fenoterol)
S1.1a. Desoxymethyltestosterone	S1.1a. † <b>Durabolin</b> (nandrolone)
S6. Desoxynorephedrine	S1.1a. † <b>Duraboral</b> (ethylestrenol)
S9. ⚠️ Dexamethasone	S7. <b>Duragesic</b> (fentanyl)
S6. Dexamphetamine	S5. Dutasteride
S9. ⚠️ <b>Dexasone</b> (dexamethasone)	S5. <b>Dyrenium</b> (triamterene)
S6. <b>Dexedrine</b> (amphetamine)	S6. Ecstasy
S5. <b>Dexiron- LIQ IM IV</b> (dextran)	S5. <b>Edecrin</b> (etacrynic acid)
S5. Dextran	S9. ⚠️ <b>Egozinc HC</b> (hydrocortisone)
S6. Dextroamphetamine	S9. ⚠️ <b>Elocom</b> (mometasone)
S7. Dextromoramide	S9. ⚠️ <b>Emo-Cort</b> (hydrocortisone)
S1.1b. DHEA	S7. <b>Endocet</b> (oxycodone)
S1.1b. DHT	S7. <b>Endodan</b> (oxycodone)
S7. <b>Diagesil</b> (diamorphine)	S6. <b>E.N.R 2000</b> (ephedrine)
S7. Diamorphine	S9. ⚠️ <b>Entocort capsules/Enema</b> (budesonide)
S5. <b>Diamox</b> (acetazolamide)	S6. Ephedrine
S6. † <b>Didrex</b> (benzphetamine)	S6. <b>Ephedrine HCL</b> (ephedrine)
S6. Diethylpropion	S6. <b>Ephedrine Sulfate</b> (ephedrine)
S9. ⚠️ Diflucortolone	S6. <b>Ephedrine Sulfate Injection</b> (ephedrine)
S5. Dihydrochlorothiazide	S6. Epinephrine
S6. Dihydromorphanone	S6. <b>Epipen</b> (epinephrine)
S6. Dihydrone	S5. Epitestosterone
S1.1b. Dihydrotestosterone	S2-1. EPO
S7. <b>Dilaudid, -HP, -XP</b> (hydromorphone)	S2-1. <b>Eprex</b> (erythropoietin)
S6. Dimetamphetamine	S1.1a. <b>Equipoise</b> veterinary (boldenone)
	S2-1. Erythropoietin (EPO)

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P2.	Esmolol	S9.	Fluticasone
S5.	Etacrynic acid	S9.	<b>FML</b> (fluorometholone)
S6.	Etamivan	S3.	<b>Foradil</b> (formoterol)
S6.	Etamphetamine	S1.1a.	Formebolone
S6.	Etilamphetamine	S4.1.	Formestane
S6.	Etilefrine	S3.	Formoterol
P1.	Ethanol	S6.	<b>Formula C34</b> (ephedrine)
S6.	Ethylamphetamine	S7.	Formyldienolone
S1.1a.	Ethylestrenol	S5.	Frusemide
S1.1a.	Ethylnorgestrienone	S9.	<b>Fucidin H</b> (hydrocortisone)
S4.2.	<b>Evista</b> (raloxifene)	S4.3.	Fulvestrant
S4.1.	Exemestane	S1.1a.	Furazabol
S6.	Famprofazone	S6.	Furfenorex
S6.	† <b>Fastin</b> (phentermine)	S5.	Furosemide
S4.2.	† <b>Fareston</b> (toremifene)	S5.	<b>Furoside</b> (furosemide)
S4.3.	† <b>Faslodex</b> (fulvestrant)	S9.	<b>Garasone</b> (betamethasone)
S4.1.	<b>Femara, -Avdanced, -Extended</b> (letrozole)	S5.	<b>Gen-Amilazide</b> (amiloride, hydrochlorothiazide)
S6.	Fenbutrazate	S9.	<b>Gen-Beclo AQ</b> (beclomethasone)
S6.	Fencamfamine	S3.	<b>Gen-Combo Sterinebs</b> (salbutamol)
S6.	Fencamine	S5.	Gen-Lisinopril HCTZ (hydrochlorothiazide)
S6.	Fenetylline	S5.	<b>Gentran</b> (dextran)
S6.	Fenfluramine	S1.1a.	<b>Geri-Tabs</b> veterinary (methyltestosterone)
S3.	Fenoterol	S1.1a.	Gestrinone
S6.	Fenproporex	S6.	† <b>Gewodin</b> (famprofazone)
S6.	Fensidnimine	S6.	<b>Grippalin</b> (ephedrine)
S7.	Fentanyl	S2-2.	Growth hormone (hGH)
S4.3.	† <b>Fertodur</b> (cyclofenil)	S9.	Halcinonide
S9.	<b>Flarex</b> (fluorometholone)	S9.	Halobetasol
S9.	<b>Flonase</b> (fluticasone)	S9.	<b>Halog Cream/Ointment</b> (halcinonide)
S9.	<b>Florinef</b> (fludrocortisone)	S8.	Hashish (cannabinoids)
S9.	<b>Flovent</b> (fluticasone)	S2-3.	♂hCG
S9.	<b>Flovent HFA</b> (fluticasone)	S9.	<b>Hemcort HC</b> (hydrocortisone)
S4.1.	† <b>Fludestrin</b> (testolactone)	S6.	Heptaminol
S9.	Fludrocortisone	S5.	Hetastarch
S9.	Flumethasone	S7.	Heroin
S9.	Flunisolide	S5.	HES (hydroxylethyl starch)
S9.	Fluocinolone	S2-2.	hGH
S9.	Fluocinonide	S2.4.	<b>Humalog</b> (insulin)
S9.	Fluorometholone		
S1.1a.	Fluoxymesterone		

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S2.4.	Humalog Mix 50 (carthidge) (insulin)	S4.1.	<b>Lentaron</b> (formestane)
S2-3.	♂ Human Chorionic Gonadotrophin	S2.4.	<b>Levemir</b> (insulin)
S2-2.	<b>Humatrope</b> (somatotropin --growth hormone)	S6.	Levmethamphetamine
S2.4.	<b>Humulin</b> (insulin)	P2.	Levobunolol
S9.	⌚/⌚ <b>Hycort</b> (hydrocortisone)	S4.1.	Letrozole
S9.	⌚/⌚ <b>Hyderm</b> (hydrocortisone)	S2.3.	♂ LH
S5.	Hydrochlorothiazide	S9.	⌚/⌚ <b>Lidemol</b> (fluocinonide)
S9.	⌚/⌚ Hydrocortisone	S9.	⌚/⌚ <b>Lidex</b> (fluocinonide)
S7.	<b>Hydromorph Contin</b> (hydromorphone)	S6.	Lidocaine 2% and Epinephrine (epinephrine bitartrate)
S7.	<b>Hydromorph-IR</b> (hydromorphone)	P2.	<b>Linsotalol</b> (sotalol)
S7.	Hydromorphone	S1.2.	† <b>Livial</b> (tibolone)
S7.	Hydromorphone HP	S5.	<b>LMD 10% in dextrose 5%</b> (dextran)
S9.	⌚/⌚ <b>Hydrosone Cream</b> (hydrocortisone)	S5.	<b>LMD 10% 0.9% sodium chloride</b> (dextran)
S9.	⌚/⌚ <b>HydroVal</b> (hydrocortisone)	S9.	⌚ <b>Locacorten Vioform Cream</b> (flumethasone)
S5.	Hydroxyethyl starch	S9.	⌚ <b>Locacorten Vioform Eardrops</b> (flumethasone)
S2.4.	<b>Hypurin NPH</b> (insulin)	P2.	<b>Lopresor</b> (metoprolol)
S2.4.	<b>Hypurin Regular</b> (insulin)	S9.	⌚/⌚ <b>Lotriderm</b> (betamethasone)
S5.	<b>Hyzaar, -DS</b> (hydrochlorothiazide)	S6.	Love Drug
S2-2.	IGF-1	S6.	Love Pill
S5.	Indapamide	S5.	<b>Lozide</b> (indapamide)
S9.	⌚/⌚ <b>Inflamase Forte</b> (prednisolone)	S6.	† <b>Lucidril</b> (meclofenoxate)
S5.	<b>Inhibace Plus</b> (hydrochlorothiazide)	S2.3.	♂ <b>Luteinizing hormone</b>
S2.4.	<b>Innovo</b> (insulin)	S2.3.	♂ <b>Lutropin (LH)</b>
S2.4.	Insulin	S2.3.	♂ <b>Luveris (LH)</b>
S2-2.	Insulin-like Growth Factor (IGF-1)	S9.	⌚ <b>Lyderm Cream/Ointment</b> (fluocinonide)
S6.	<b>Ionamin</b> (phentermine)	S6.	<b>Madam Pearl's Cough Syrup</b> (ephedrine)
S6.	Isometheptene	S1.1b.	<b>Malogen</b> (testosterone)
S7.	Isonipecaine	S1.1b.	<b>Malogex</b> (testosterone)
S6.	<b>Isoproterenol HCl for Injection USP</b> (isoproterenol)	S6.	<b>Malt Plus</b> (strychnine)
S7.	<b>Kadian</b> (morphine)	S8.	Marijuana (cannabinoids)
S9.	⌚/⌚ <b>Kenacomb</b> (triamcinolone)	S1.1a.	† <b>Maxibolin</b> (ethylestrenol)
S9.	⌚/⌚ <b>Kenalog</b> (triamcinolone)	S9.	⌚/⌚ <b>Maxidex</b> (dexamethasone)
S4.2.	Keoxifene	S9.	⌚/⌚ <b>Maxitrol</b> (dexamethasone)
S5.	<b>Lasix, -Special</b> (furosemide)	S6.	<b>MDA</b> (methylenedioxyamphetamine)
P2.	Labetalol	S6.	<b>MDMA</b> (methylenedioxyamphetamine)
P2.	<b>Labetalol HCl Injection USP</b> (labetalol)	S2.2.	Mechano Growth Factors (MGF)
S2.4.	<b>Lantus</b> (insulin)	S6.	Meclofenoxate
S6.	<b>Legal E</b> (benzylpiperazine)		
S6.	<b>Legal X</b> (benzylpiperazine)		

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S9. <b>Medrol</b> (methylprednisolone)	P2. Metoprolol
S6. Mefenorex	S2.2. MGF
S6. Mellow Drug of America	S1.1.a. Mibolerone
S7. Meperidine	S6. † <b>Midrin</b> (isometheptene)
S6. Mephentermine	S4.3. † <b>Milophene</b> (clomiphene)
S6. Mephedrine	S1.1.a. † <b>Miotolon</b> (furazabol)
S6. <b>Meridia</b> (sibutramine)	S6. Modafinil
S7. <b>M-Eslon</b> (morphine)	S5. <b>Moduret</b> (amiloride, hydrochlorothiazide)
S6. Mesocarb	S9.  Mometasone
S2.3. ♂ <b>Menopur</b> (LH)	P2. <b>Monacor</b> (bisoprolol)
S1.1.a. Mestanolone	S7. Morphine
S1.1.a. Mesterolone	S7. <b>M.O.S., -SR</b> (morphine)
S7. <b>Metadol</b> (methadone)	P2. <b>Monitan</b> (acebutolol)
S1.1.a. Metandienone	S7. <b>MS, -Contin, •IR</b> (morphine)
S1.1.a. <b>Metandren</b> (methyltestosterone)	S1.1.a. † <b>Myotolon</b> (furazabol)
S1.1.a. Metenolone	P2. Nadolol
S7. Methadone	S1.1.a. Nandrolone
S6. Methamphetamine	S9. <b>Nasacort</b> (triamcinolone)
S1.1.a. Methandienone	S9. <b>Nasonex</b> (mometasone)
S1.1.a. Methandriol	S5. † <b>Naturetin</b> (bendroflumethiazide)
S1.1.a. Methandrostenolone	S1.1.a. † <b>Nemestran</b> (gestrinone)
S1.1.a. Methasterone	S1.1.b. <b>Neo pause</b> (testosterone)
S1.1.a. Methenolone	S9. <b>Nerisalic</b> (diflucortolone)
S1.1.a. † <b>Methosarb</b> (calusterone)	S6. Nicethamide
S1.1.a. Methyl-1-testosterone	S6. Nikethamide
S1.1.a. Methylandrostenediol	S1.1.a. † <b>Nilevar</b> (norethandrolone)
S6. Methylamphetamine	S1.1.a. Norboletone
S1.1.a. † <b>Methyl D</b> (methylidienolone)	S1.1.a. Norclostebol
S1.1.a. † <b>Methyl Dien</b> (methylidienolone)	S1.1.a. Norethandrolone
S1.1.a. Methylidienolone	S6. Norfenefrine
S6. Methylenedioxyamphetamine	S6. Norfenfluramine
S6. Methylenedioxymethamphetamine	S4.2. <b>Novaldex, -D</b> (tamoxifen)
S6. Methylephedrine	S5. <b>Novamilor</b> (amiloride, hydrochlorothiazide)
S1.1.a. Methylnortestosterone	S2.4. <b>Novolin</b> (insulin)
S6. Methylphenidate	S3. <b>Novo-Salmol Tablets</b> (salbutamol)
S9.  Methylprednisolone	S5. <b>Novo-Semide</b> (furosemide)
S1.1.a. Methyltestosterone	S5. <b>Novo-Spiroton</b> (spironolactone)
S1.1.a. Methyltrienolone	S5. <b>Novo-Spirozine</b> (hydrochlorothiazide, spironolactone)
P2. Metipranolol	S5. <b>Novo-Thalidone</b> (chlortalidone)
S5. Metolazone	

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S5.	<b>Novo-Triamzide</b> (hydrochlorothiazide, triamterene)	S6.	Pemoline
S5.	<b>Novo-Zolamide</b> (acetazolamide)	S9.	☞☞ <b>Pentamycetin</b> (hydrocortisone)
P2.	<b>Nu-Metop</b> (metoprolol)	S5.	<b>Pentaspán</b> (pentastarch –plasma expander)
S2-2.	<b>Nutropin</b> (somatropin - growth hormone)	S5.	Pentastarch
S6.	Octopamine	S7.	Pentazocine
S6.	† <b>Olmifon</b> (adrafenil)	S6.	Pentetrazole
S6.	<b>Omni-Tuss</b> (ephedrine)	S7.	<b>Percocet, -Demi</b> (oxycodone)
S7.	<b>Opium &amp; Belladonna Suppositories</b> (morphine)	S7.	<b>Percodan, -Demi</b> (oxycodone)
S1.1a.	† <b>Orabolin</b> (ethylestrenol)	S7.	Pethidine
S9.	☞☞ <b>Oracort</b> (triamcinolone)	S6.	Phendimetrazine
S1.1a.	† <b>Oranabol</b> (oxymesterone)	S6.	Phenimethoxazine
S1.1a.	† <b>Orgabolin</b> (ethylestrenol)	S6.	Phenmetrazine
S4.1.	† <b>Orimeten</b> (aminogluthetimide)	S6.	Phenoxazole
S6.	Ortetamine	S6.	Phenpromethamine
S2-3.	♂ <b>Ovidrel</b> (human Chorionic Gonadotrophin)	S6.	Phentermine
S1.1a.	Oxabolone	S6.	Phenylisohydantin
S1.1a.	† <b>Oxandrin</b> (oxandrolone)	P2.	- <b>Pindol</b> (pindolol)
S1.1a.	Oxandrolone	P2.	Pindolol
S6.	Oxazimedrine	S2.3.	♂ Pituitary gonadotrophins (LH)
S3.	☞☞ <b>Oxeze</b> (formoterol)	S5.	<b>Plasbumin -5, -25</b> (albumin)
S6.	Oxilofrine	S5.	Plasma expanders (e.g., hydroxyethyl starch)
P2.	Oxprenolol	S5.	<b>PMS-Hydrochlorothiazide</b> (hydrochlorothiazide)
S7.	Oxycodone	S7.	PMS-Oxycodone-Acetaminophen (oxycodone)
S7.	Oxycone	S9.	☞☞ <b>Pramox HC</b> (hydrocortisone)
S7.	<b>OxyContin</b> (oxycodone)	S1.1b.	Prasterone
S7.	<b>Oxy •IR</b> (oxycodone)	S9.	☞☞ Prednicarbate
S1.1a.	Oxymesterone	S9.	☞☞ <b>Pred Forte/Mild</b> (prednisolone)
S1.1a.	Oxymetholone	S9.	☞☞ Prednisolone
S7.	Oxymorphone	S9.	☞☞ Prednisone
S7.	† <b>Palfium</b> (dextromoramide)	S6.	† <b>Prefamone</b> (amfepramone)
S7.	<b>Palladone</b> (hydromorphone)	S9.	☞☞ <b>Prevox</b> (betamethasone)
S5.	<b>Pamprin Extra Strength Caplets, -PMS Caplets</b> (acetaminophen, pamabrom, pyrilamine)	S9.	☞☞ <b>Prevox HC</b> (hydrocortisone)
S5.	<b>Painaid</b> (pamabron)	S6.	† <b>Primobolan</b> (metenolone)
S1.1a.	† <b>Parabolan</b> (trenbolone)	S5.	<b>Prinzide</b> (hydrochlorothiazide)
S6.	Parahydroxyamphetamine	S5.	Probenecid
S9.	☞☞ <b>Pediapred</b> (prednisolone)	S9.	☞☞ <b>Proctodan</b> (hydrocortisone)

#### Legend

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S9.	<b>Proctofoam</b> (hydrocortisone)	P2.	<b>Rhotral</b> (acebutolol)
S9.	<b>Proctomyxin</b> (hydrocortisone)	S9.	<b>Rimexolone</b>
S9.	<b>Proctosedyl</b> (hydrocortisone)	S6.	<b>Ritalin, -SR</b> (methylphenidate)
S6.	Prolintane	S7.	<b>Rivacocet</b> (oxycodone)
S6.	† <b>Promotil</b> (prolintane)	S9.	<b>Rivanase AQ</b> (beclo-methasone)
S9.	<b>Propaderm</b> (beclo-methasone)	S5.	<b>Riva-zide</b> (hydrochlorothiazide, triamterene)
P2.	Propranolol	S7.	† <b>Roxanol, -100</b> (morphine)
S6.	Propylhexedrine	S9.	<b>Sab-Anuzinc HC, Plus</b> (hydrocortisone)
S1.1a.	Prostanozolol	S2-2.	<b>Saizen</b> (somatotropin -- growth hormone)
S6.	† <b>Provigil</b> (modafinil)	S3.	<b>Salbutamol</b>
S1.1a.	† <b>Proviron</b> (mesterolone)	S3.	<b>Salmeterol</b>
S9.	<b>Pulmicort Nebuamp/Turbuhaler</b> (budesonide)	S9.	<b>Sarna HC</b> (hydrocortisone)
S1.1a.	Quinbolone	S9.	<b>Sandoz Cortimycin</b> (hydrocortisone)
S9.	<b>Qvar</b> (beclo-methasone)	S9.	<b>Sandoz Opticort</b> (dexamethasone)
S4.2.	Raloxifene	S9.	<b>Sandoz Pentasone</b> (betamethasone)
S9.	<b>Ratio-Clobetasol</b> (clobetasol)	P2.	<b>Sandoz Pindolol</b> (pindolol)
S9.	<b>Ratio-Ectosone</b> (betamethasone)	S9.	<b>Sandoz Prednisolone</b> (prednisolone)
P2.	<b>RAN-Atenolol</b> (atenolol)	S9.	<b>Sandoz Proctomycin</b> (hydrocortisone)
P2.	<b>RAN-Carvedilol</b> (carvedilol)	S8.	<b>Sativex</b> (Delta-9- tetrahydrocannabinol, cannabidiol)
S7.	RAN-Fentanyl Transdermal System (fentanyl)	P2.	<b>Sectral</b> (acebutolol)
S7.	Ratio-Fentanyl (fentanyl)	S6.	Selegiline
S9.	<b>Ratio-Fluticasone</b> (fluticasone propionate)	S3.	<b>Serevent</b> (salmeterol)
P2.	<b>Ratio-Levobunolol</b> (levobunolol)	S4.3.	<b>Serophene</b> (clomiphene)
S6.	<b>Ratio-Methylphenidate</b> (methylphenidate)	S2-2.	<b>Serostim</b> (somatotropin --growth hormone)
S7.	<b>Ratio-Morphine</b> (morphine)	S6.	Sibutramine
S7.	<b>Ratio-Oxycocet</b> (oxycodone)	S9.	<b>Sofracort</b> (dexamethasone)
S7.	<b>Ratio-Oxycodan</b> (oxycodone)	S9.	<b>Solu-Cortef</b> (hydrocortisone)
S9.	<b>Ratio-Proctosone</b> (hydrocortisone)	S2-2.	Somatrem
S9.	<b>Ratio-Triacomb</b> (triamcinolone)	S2-2.	Somatropin
S9.	<b>Ratio-Topilene</b> (betamethasone)	P2.	Sotalol
S9.	<b>Ratio-Topisone</b> (betamethasone)	S5.	Spironolactone
S9.	<b>Rectogel</b> (hydrocortisone)	S1.1a.	Stanozolol
S7.	Renifentanil	S7.	<b>Statex</b> (morphine)
S3.	<b>Reproterol</b>	S1.1a.	Stenbolone
S9.	<b>Rhinalar</b> (flunisolide)	S1.1a.	† <b>Stromba</b> (stanozolol)
S9.	<b>Rhinocort</b> (budesonide)	S6.	Strychnine
S6.	† <b>Rhinofluimucil</b> (tuaminoheptane)	S7.	<b>Suboxone</b> (buprenorphine)

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S7.	<b>Sufenta</b> (sufentanil)	S9.	<b>Tobradex</b> (dexamethasone)
S7.	Sufentanil	S9.	<b>Topicort Cream/Gel/Ointment</b> (desoximetasone)
S7.	<b>Subutex</b> (buprenorphine)	S9.	<b>Topsyn Gel</b> (fluocinonide)
S7.	<b>Supeudol</b> (oxycodone)	S4.2.	Toremifene
S5.	<b>Supres</b> (chlorothiazide)	P2.	<b>Trandate</b> (labetalol)
S6.	Sydnocarb	P2.	<b>Trasicor</b> (oxprenolol)
S3/S9.	<b>Symbicort Turbuhaler</b> (formoterol, budesonide)	S2.3.	♂ Trelstar (LH releasing hormone analog)
S2.5.	<b>Synacthen Depot</b> (corticotrophin)	S2.3.	♂ Trelstar LA (LH releasing hormone analog)
S9.	<b>Synalar</b> (fluocinolone)	S1.1a.	Trenbolone
S2.3.	♂ Synthetic gonadotrophins (LH)	S9.	<b>Triaderm</b> (triamcinolone)
S7.	<b>Talwin</b> (pentazocine)	S9.	<b>Triamcinolone</b>
S4.2.	<b>Tamofen</b> (tamoxifen)	S5.	Triamterene
S4.2.	<b>Tamone</b> (tamoxifen)	S5.	- <b>Triazide</b> (hydrochlorothiazide, triamterene)
S4.2.	Tamoxifen	S1.1a.	† <b>Trofodermin</b> (clostebol)
S9.	<b>Taro-Sone</b> (betamethasone)	S6.	Tuaminoheptane
S5.	<b>Tears Naturale II drop</b> (dextran)	S1.1a.	Turinabol
S5.	<b>Tears Naturale Free DPS</b> (dextran)	S6.	<b>Twinject</b> (adrenaline)
S5.	<b>Tears Naturale Forte</b> (dextran)	S7.	<b>Ultiva</b> (remifentanil)
S7.	† <b>Temgesic</b> (buprenorphine)	S9.	<b>Ultravate</b> (halobetasol)
S6.	Tenamfetamine	S1.1b.	<b>Uni-bol</b> veterinary (testosterone)
P2/S5.	<b>Tenoretic</b> (atenolol, chlortalidone)	S1.1b.	<b>Uni-test</b> veterinary (testosterone)
S6.	<b>Tenuate</b> (amfepramone)	S9.	<b>Uremol HC</b> (hydrocortisone)
S3.	Terbutaline	S5.	<b>Uridon</b> (chlortalidone)
S4.1.	† <b>Teslac</b> (testolactone)	S5.	<b>Urozide</b> (hydrochlorothiazide)
S4.1.	Testim 1% (testosterone)	S9.	<b>Valisone</b> (betamethasone)
S4.1.	Testolactone	S6.	<b>Vaponefrin</b> (epinephrine)
S1.1b.	Testosterone	S5.	<b>Vaseretic</b> (hydrochlorothiazide)
S1.1b.	† <b>Testoviron</b> (testosterone)	S1.2.	<b>Ventipulmin</b> veterinary (clenbuterol)
S1.1b.	† <b>Tetrabol</b> (androstenedione)	S3.	<b>Ventodisk</b> (salbutamol)
S2.5.	Tetracosactide	S3.	<b>Ventolin</b> (salbutamol)
S1.1a.	Tetrahydrogestinone	S3.	<b>Ventolin Diskus</b> (salbutamol)
S1.1a.	† <b>Theranabol</b> (oxymesterone)	S3.	<b>Ventolin HFA</b> (salbutamol)
S1.1a.	THG	S3.	<b>Ventolin Injection</b> (salbutamol)
S5.	Thiazides	S3.	<b>Ventolin Nebules P.F.</b> (salbutamol)
S9.	<b>Tiamol</b> (fluocinonide)	S3.	<b>Ventolin Oral Liquid</b> (salbutamol)
S1.2.	Tibolone	S3.	<b>Ventolin Respirator Solution</b> (salbutamol)
P2.	- <b>Timol</b> (timolol)		
P2.	Timolol		
P2.	<b>Timoptic, -XE</b> (timolol)		

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- S9.  **Vexol** (rimexolone)
- S9.  **Viaderm KC** (triamcinolone)
- S9.  **Vioform Hydrocortisone**  
(hydrocortisone)
- S1.1b. † **Virilon** (testosterone)
- S5. **Visine Advance Triple Action** (dextran)
- S5/P2. **Viskazide** (hydrochlorothiazide, pindolol)
- P2. **Visken** (pindolol)
- S6. † **Volital** (pemoline)
- S9.  **Westcort** (hydrocortisone)
- S7. **Wildnil Liquide IM** veterinary (carfentanil)
- S9.  **Winpred** (prednisone)
- S1.1a. **Winstrol** (stanozolol)
- S6. † **Wyamine** (mephentermine)
- S6. **XTC** (methylenedioxymethamphetamine)
- S6. **Zap, -Extra** (ephedrine)
- S5. **Zaroxolyn** (metolazone)
- S6.2. **Zeranol**
- S5. **Zestoretic** (hydrochlorothiazide)
- S1.2. **Zilmax** (zilpaterol)
- S1.2. **Zilpaterol**

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## 4.0 Therapeutic Use Exemptions

Some athletes need to use drugs such as insulin to treat diabetes or salbutamol inhalers for asthma attacks. If you need to use a prohibited substance or method, you can apply for a therapeutic use exemption, better known as a TUE. When a TUE is granted, if you test positive, we'll know that you're using your medication for a medically-justified reason, and not to enhance your performance. To find out more about TUEs:

- E-mail [TUE-AUT@cces.ca](mailto:TUE-AUT@cces.ca).
- Call our toll-free InfoLine at 1-800-672-7775.

### Under what circumstances can an athlete apply for a TUE?

A TUE will only be considered by the CCES under the following circumstances:

- the athlete would experience a significant impairment to health if the prohibited substance or method were to be withheld in the course of treating an acute or chronic medical condition;
- the use of the prohibited substance or method would produce no additional enhancement of performance other than that which might be anticipated by a return to a state of normal health following the treatment of a legitimate medical condition, and;
- there is no reasonable therapeutic alternative or any alternative is inefficient.

For example, when the above-mentioned conditions have been demonstrated:

- a TUE may be granted for:
  - the use of Insulin for the treatment of insulin-dependent diabetes; or
  - the use of a Salbutamol inhaler for the treatment of asthma.
- a TUE would not be granted for:
  - the use of a nutritional supplement or vitamin; or
  - the recreational use of cannabinoids.

### What are the TUE requirements for the different types of athletes?

First, determine what type of athlete you are using the table below. If you are in more than one group, contact the CCES to determine your requirements.

Athletes who are:	Are called:
In the IF's RTP	IF-RTP athletes
In the CCES RTP as a National RTP athlete	N-RTP athletes
In the CCES RTP as a General-RTP athletes	G-RTP athletes
NOT in an RTP, and compete internationally (e.g., NorAm circuit, invitational events outside Canada)	International athletes
NOT in a RTP, and compete internationally (e.g., CIS, CCAA, junior football, Canada Games)	Domestic athletes

**RTP: registered testing pool**

**IF: international federation**

**IF-RTP athletes:**

- Contact the CCES. We will determine if we can process your TUE application using your IF rules.
- All TUE applications *must* be submitted 21 days in advance of competition along with a complete medical file.
- Under emergency medical conditions, a retroactive TUE application can be submitted.
- Asthma medications *should* be declared on ADAMS.
- Declare all substances you have taken on your doping control form, paying particular attention to asthma medications.

**N-RTP athletes:**

- Submit TUE applications to the CCES.
- All TUE applications *must* be submitted in advance of competition along with a complete medical file.
- TUEs for asthma medications *may* be granted retroactively, and would be requested by the CCES following a doping control. Maintain a medical file in case you are asked to submit a TUE application.
- Asthma medications *should* be declared on ADAMS.
- Declare all substances you have taken on your doping control form, paying particular attention to asthma medications.

**G-RTP athletes:**

- Submit TUE applications to the CCES.
- All TUE applications *should* be submitted in advance of competition along with a complete medical file.
- TUEs for asthma medications *may* be granted retroactively, and would be requested by the CCES following a doping control. Maintain a medical file in case you are asked to submit a TUE application.
- Asthma medications *should* be declared on ADAMS.
- Declare all substances you have taken on your doping control form, paying particular attention to asthma medications.

**International athletes:**

- Contact the CCES. We will determine if we can process your TUE application using your IF rules.
- Most likely, you will need to submit TUE applications 21 days in advance of competition along with a complete medical file.
- Asthma medications *should* be declared on ADAMS.
- Declare all substances you have taken on your doping control form, paying particular attention to asthma medications.

**Domestic athletes:**

- All TUEs *may* be granted retroactively, and would be requested by the CCES following a doping control. Maintain a medical file in case you are asked to submit a TUE application.
- Declare all substances you have taken on your doping control form, paying particular attention to asthma medications.

**How do I apply for a TUE?**

- Download the CCES TUE application form at [www.cces.ca/pdfs/CCES-FORM-TUE-E.pdf](http://www.cces.ca/pdfs/CCES-FORM-TUE-E.pdf).
- When applying for a TUE, you must demonstrate a legitimate medical use for a prohibited substance. Verify with your doctor that the use of alternative medication not on the WADA Prohibited List would be unsatisfactory for this condition.
- Ensure that the form is accurately and legibly completed by your physician, and accompanied by a complete medical file. The exact contents of the file vary depending on your medical condition:
  - For asthma, go to:  
[www.wada-ama.org/rtecontent/document/asthma\\_TUEC.pdf](http://www.wada-ama.org/rtecontent/document/asthma_TUEC.pdf)
  - For other substances, go to:  
[www.wada-ama.org/rtecontent/document/medicalinformationtue2007.pdf](http://www.wada-ama.org/rtecontent/document/medicalinformationtue2007.pdf)
- Submit the completed TUE application form to the CCES by one of three methods:
  - Fax: (613) 521-3134
  - Email: [tue-aut@cces.ca](mailto:tue-aut@cces.ca)
  - Mail: 350- 955 Green Valley Crescent  
Ottawa, ON Canada K2C 3V4
- Retain a copy of the TUE application form in the event of an adverse analytical finding.

The CCES will only review a TUE application once it has received a completed CCES TUE application form and accompanying medical file. Incomplete applications will be returned to applicants.

All TUEs granted by the CCES are forwarded to the World Anti-Doping Agency (WADA).

**What is the duration of a TUE?**

TUEs granted by the CCES are valid for the duration of the treatment as prescribed by the physician, up to a maximum of two years. It is the athlete's responsibility to know when the TUE expires and to apply for renewal, if necessary, before this date.



## 5.0 Supplements

After a recent anti-doping violation caused by supplement use, the CCES is again drawing attention to the extreme risk an athlete runs when using supplements. While it is easy to assume that an inadvertent anti-doping rule violation can only happen to someone else, in reality anyone that uses supplements is at risk, even after taking any recommended precautionary steps.

### What is the CCES' position regarding supplement use?

The CCES believes the use of most supplements poses an unacceptable risk for athletes and their athletic career. While the CCES does not recommend the use of supplements, we do acknowledge that many athletes choose to use them to support the nutritional demands of training and travelling.

Ultimately, athletes are responsible for any prohibited substance that may be found in their sample; this is known as strict liability. If athletes who use supplements test positive for a prohibited substance, this can result in a violation being declared, regardless of how the prohibited substance got into their body. Serious sanctions may be imposed.

### What are the risks associated with supplement use?

Supplements may intentionally contain prohibited substances or may be inadvertently contaminated with prohibited substances. The key issue is that there is little government regulation on the supplement industry. Some supplement manufacturers mislabel their products by not accurately specifying the contents or the relative amounts of each ingredient per dose. It is not uncommon for supplements to be cross-contaminated with banned substances during the manufacturing process if the manufacturer produces other products that contain prohibited substances. Many ingredients are sourced outside of Canada and may be contaminated.

The reality is that there continue to be significant risks associated with supplement use.

### What can I do to minimize the risk of using supplements?

Athletes have a personal responsibility to evaluate all the risks associated with supplements before using them.

- Programs like NSF Certified for Sport™ can help athletes identify products that have been tested for purity and help minimize the risk of inadvertent doping.  
([www.nsf.org/consumer/athletic\\_banned\\_substances/index.asp](http://www.nsf.org/consumer/athletic_banned_substances/index.asp))

Additionally, if you choose to use supplements you should take these precautions to minimize your risk. These precautions may help demonstrate that you were not at fault or not significantly at fault if a violation occurs as a result of supplement use. Although in most circumstances a violation will still be declared, proof that the utmost caution was observed may be taken into consideration when the sanction is imposed.

- Make a direct enquiry to the manufacturer and get a written guarantee that the product is free of any substances on the WADA Prohibited List.
  - Ask if the manufacturer makes any products that do contain prohibited substances at the plant where the supplement is produced. If prohibited substances are present in a manufacturing plant, the risk of cross-contamination with the supplement is very high – don't use that product.
  - Ask if the manufacturer is prepared to stand behind its product. If they are not – don't use that product.
- Have proof showing the sensible and obvious precautions you took before taking the supplement to address the various risk factors associated with its use.



Advice from the CCES or other health professionals regarding supplements may reduce but cannot eliminate the risk of inadvertent doping.

**The risks associated with supplementation are clear – the responsibility for assuming these risks ultimately rests with you.**